Khoo Teck Puat Hospital
NHG Health

Yishun Community Hospital
NHG Health

Adding Years of Healthy Life

Department of
Rehabilitation Services

Rehabilitation Services

Our Rehabilitation Services adopt a holistic approach to providing you with rehabilitative care.

Your quality of life matters to us. Our therapists are committed to optimizing your recovery and daily activities, as soon as possible.

We conduct our therapy sessions on individual and group bases. We work together as a multidisciplinary team to deliver a wide range of holistic services centred around your needs.



Physiotherapy

Our Physiotherapists aim to help you optimise your mobility, function and independence through detailed assessments and specially designed treatment programmes.



Physiotherapy Services:

Clinical Exercise	• Weight Management • Cardiac Rehabilitation • Diabetic Exercise • Post Hospitalization Strength and Reconditioning
Musculoskeletal and Orthopaedic Rehabilitation	• Musculoskeletal conditions and injuries • Chronic Pain Management • Amputee Rehabilitation

Physiotherapy Services:

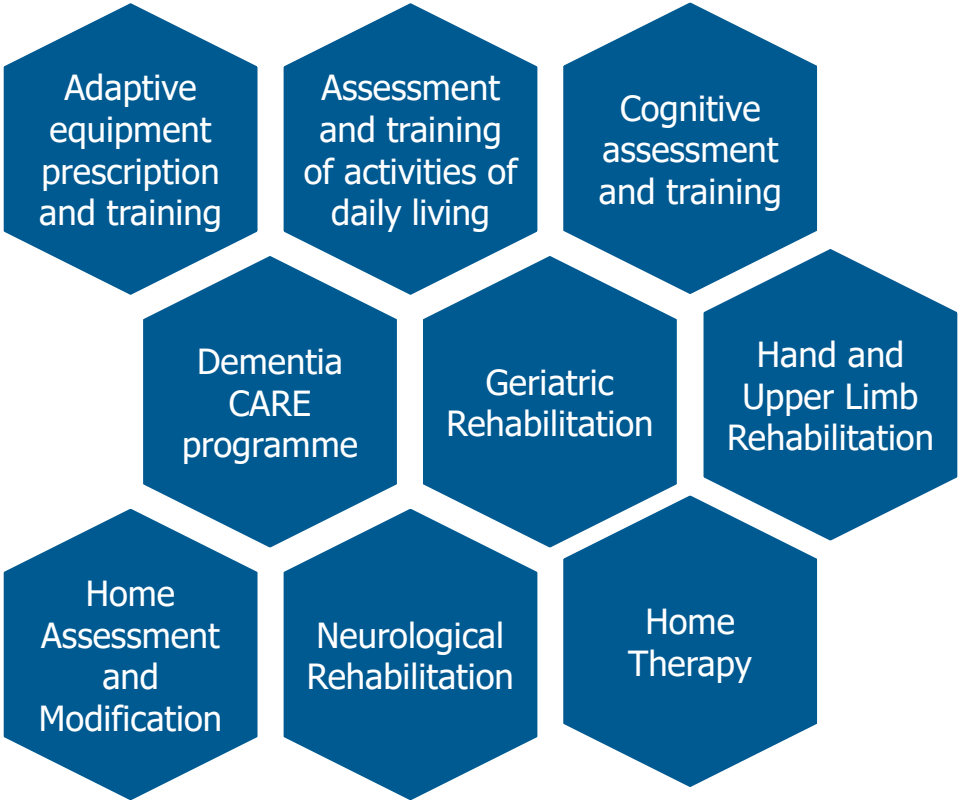
Sports Rehabilitation	• Post-operative Class • Return to Sports Class • Ankle Class • Knee Class
Geriatric Rehabilitation	• Balance Class and Falls Prevention Programme • Vestibular Rehabilitation
Neurological Rehabilitation	• Stroke rehabilitation • Parkinson's Diseases Management
Continence Clinic	
Home Therapy	

Occupational Therapy

If your everyday activities have been affected by physical, cognitive and/or mental health problems, our Occupational Therapists can help you through comprehensive assessment and individualised therapy.



Occupational Therapy Services



Speech and Language Therapy

Communication and swallowing difficulties can affect your ability to socialise and participate in daily activities. Our Speech and Language Therapists can help you through detailed assessment and therapy.



Speech and Language Services:

Swallowing Services

- Clinical Swallowing Assessment
- Flexible Endoscopic Evaluation of Swallowing (FEES)
- Swallowing Therapy
- Videofluoroscopic Swallowing Study (VFSS)

Speech and Language Services

- Speech and Language Assessment
- Speech and Language Therapy

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