

JOIN US FOR CME & SITE TOUR!

DIABETES REVERSAL IN PRIMARY CARE

2 CME points!
(Pending approval)

Gain insights into evidence-based clinical approaches to diabetes reversal and learn to navigate related community resources!

Co-organised by NHG Health and Home Nursing Foundation (HNF).

EVENT DETAILS



15 November 2025 (Saturday)



2.00pm to 4.00pm
(registration starts at 1.30pm)



HNF Wellness @ Hougang
35 Hougang Ave 3,
Hougang Community Club
#04-01, Singapore 538840

1.00 pm	Registration, lunch and AAC booths
2.00 pm	Opening Address by NHG Health
2.10 pm	Diabetes Reversal in Primary Care and Q&A by A/Prof Sum Chee Fang, Clinical Lead, DM Remission and Dr Angela Moh, Principal Research Officer, DM Remission <ul style="list-style-type: none">Clinical position of disease reversal in diabetes managementWhat does diabetes reversal mean?Evidence-based clinical approaches (e.g. very low calorie diet)
2.50 pm	Partnering for Better Ageing: How Health and Social Services Can Work Together and Q&A by Dr Ng Wai Chong, HNF Head of Clinical Development <ul style="list-style-type: none">Age Well SG and the new Aged Care LandscapeHNF's role in Community CareOpportunities for Collaboration
3.20 pm	Panel Discussion Moderated by Dr Tan Yuan Zi Paneled by A/Prof Sum Chee Fang, Dr Angela Moh and Dr Ng Wai Chong
3.40 pm	Site Tour of HNF Wellness @ Hougang



SIGN UP NOW!
<https://for.sg/houcme25>

For enquiries: Email pophealth.pco@nhghealth.com.sg or WhatsApp 9727 1081

This event is jointly organised by:



MEET OUR SPEAKERS



A/Prof Sum Chee Fang



Senior Consultant, Division of Endocrinology, KTPH

Senior Consultant, Diabetes Centre, Admiralty Medical Centre

MBBS (S'pore), FRCP (Irel), FRCP (Edin), FACE)

Associate Professor Sum Chee Fang is an endocrinologist with over three decades of experience in diabetes, metabolism and weight management. Awarded the National Outstanding Clinician Award in 2020, he pioneered the Diabetes Centre at Alexandra Hospital in 2001, adopting a comprehensive interdisciplinary approach to patient care.

A/Prof Sum has over 100 peer-reviewed publications and remains committed to advancing diabetes care through interdisciplinary collaboration and innovation.



Dr Angela Moh Mei Chung



Principal Research Officer, Clinical Research Unit, KTPH

PhD (Medicine), BSc (Molecular Biology)

Dr Angela Moh has led the obesity research team since 2013. Her research focuses on obesity, type 2 diabetes, and associated metabolic complications, with particular interest in identifying biomarkers that predict metabolic improvement.

As Principal Investigator of several research studies and Lead for the Diabetes Remission research (named PINACLE), she investigates the clinical parameters and biomarkers associated with diabetes remission and weight loss achieved through dietary intervention. Her work aims to enhance patient stratification and improve prediction of treatment response, with the goal of more targeted and effective metabolic disease management.

Dr Moh has published extensively in peer-reviewed journals and has received multiple research grants and awards for her scientific contributions.



Dr Ng Wai Chong



Medical Director and Head, Clinical Development, HNF

MBBS (S'pore), GDip (Geri Med)

Dr Ng Wai Chong is Head of Clinical Development and Medical Director of Home Nursing Foundation. He is also Founder-CEO of NWC Longevity Practice, a veteran community aged-care physician with over 20 years of experience, and recognised as a thought leader in healthy ageing and caregiving.

His numerous accolades include the Healthcare Humanity Award (2016), Ageing Asia Global Ageing Influencer (2018), Minister for Health Award (2019), AIC Community Care Super-tasking Hero Award (2021), MSF Volunteer & Partner Award (2022), and COVID-19 Resilience Medal (2023).

As an InterRAI Fellow for Singapore, his expertise spans dementia care, end-of-life care, and integrated community care systems.