

NHG WORLD

**CHANGING
PERSPECTIVES**

LET'S TALK ABOUT OBESITY

OBESITY DAY 2023

SERIES OF EVENTS

PUBLIC EXHIBITION

 27 FEB - 6 MAR 2023
 TTSH & KTPH ATRIUM

PUBLIC WEBINAR

 4 MAR 2023, SAT
 10.00AM - 11.20AM
 ZOOM WEBINAR

FEATURED TOPICS

- Sustaining Food Habits
- Staying Active
- Avoiding Weight Rebound
- Exploring Medical & Surgical Treatment

Hear from real experiences on overcoming obesity. Ask our expert panelists about the advances in obesity treatment. Take part in live quizzes & win prizes!



<https://for.sg/wod2023register>

Register for Public Webinar

Visit www.for.sg/nhgwod for more information.

Organised by NHG Diabetes & Metabolic Steering Committee:



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