

# SAFEGUARD YOUR TRAVEL HEALTH

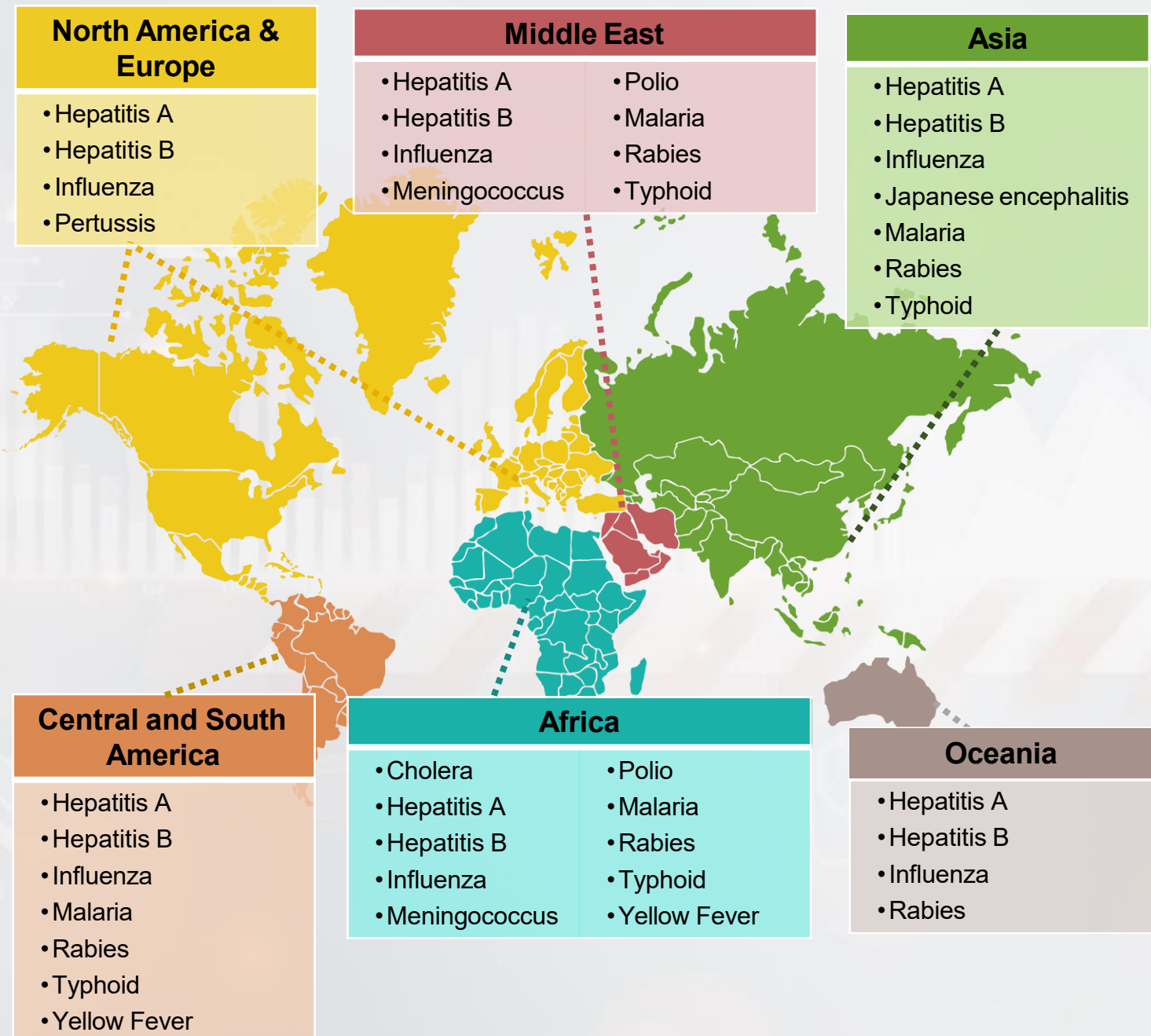


We may be exposed to many new diseases in our travels. Preparing with vaccinations and travel medicine advice can help prevent illness during or after your trip.

At Travellers' Health Vaccination Clinic (THVC), we consider your current health status and pre-existing medical conditions before recommending the required vaccines according to your travel needs.

We recommend visiting our centre at least six weeks before your trip for medical advice on destination-specific vaccines, medicines, and information to avoid pre-travel stress. This allows time for vaccines to be effective before your departure.

Depending on your travel destination and activities, you may be at risk for these infections:



**TRAVELLERS' HEALTH AND VACCINATION Clinic (THVC)**  
 Level 4, TTSH Medical Centre  
 11 Jalan Tan Tock Seng,  
 Singapore 308433  
 Tel : (65) 6357 2222  
 Email: [ttsh.thvc@nhghealth.com.sg](mailto:ttsh.thvc@nhghealth.com.sg)

**Operation Hours:**  
 Mon to Fri : 8.00am - 5.00pm  
 Sat, Sun & Public Holidays : Closed