

Sensory Room

A multisensory environment created with a range of art sensory equipment, from state-of-the-art to simple and widely available items. The sensory room allows patients to develop a sense of comfort and safety, to calm down, relax, explore and simply enjoy.



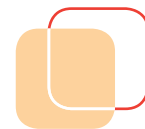
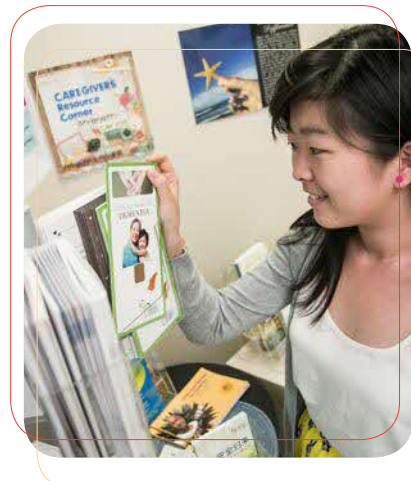
Reminiscence Room

Antique objects and materials are displayed in this room to help patients evoke old memories and reminisce the past.



Caregivers Resource Corner

Caregivers are welcome to visit the resource corner for information, emotional support and guidance. We understand that caregiving has never been an easy job and our team hopes to lend caregivers the support to reduce their stress and burden. The ward conducts family therapy and psycho-education sessions, as well as workshops to help caregivers understand issues relating to caregiving for patients with dementia, aiding them in coming to terms with the illness.



Visiting Hours

Monday – Friday 12pm – 2pm
 5pm – 7pm

We welcome family members to visit their loved ones during the visiting hours. However, children below 12 years old are not encouraged to enter the ward.

Separate arrangements can also be made if family members wish to bring their loved ones on outings beyond the ward for a period of time during the patient's stay. Kindly inform the nurses in advance for arrangements to be made.

Sunshine Wing



Loving Hearts, Beautiful Minds



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Our Care Philosophy

In caring for our patients, we strongly believe in the importance of understanding the needs of the individuals. Our care team sees patients beyond their diagnosis and we value the relationships we have with them and their caregivers.

We respect preferences and regard patients as partners when we set goals, devise care plans and decide treatment options. Constant engagement with our patients and their families in the decision-making process is likely to bring about more positive treatment outcomes. Thus, our team is greatly interested to understand from caregivers our patients' likes, dislikes and habits to provide them with better care.

Facilities

Recognising that holistic care is important in patients' recovery, Sunshine Wing is equipped with facilities to support this care. They include the garden, fitness room, visitor room, therapy room, occupational therapy room, sensory room, and reminiscence room.

Garden

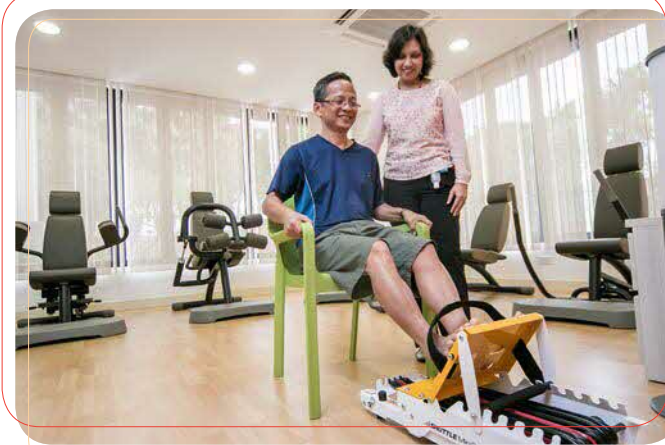
The garden serves as a therapeutic space for patients to relax while they enjoy the sight of flowers and scent of herbs, arousing multiple senses. It also has wandering paths with hand rails for patients to stroll and exercise in a natural environment. Patients can also do gardening activities here.



Sunshine Wing is a 50-bed geriatric inpatient acute ward serving psychiatric patients 65 years old and above. The ward is equipped with elderly and dementia-friendly features and unique facilities that aim to improve their care. Wards A and B are for male and female patients respectively.

Fitness Corner

Equipped with modern exercise machines, the fitness corner looks out to the garden. Patients undergo various forms of exercise under the supervision of physiotherapists to strengthen muscles and improve balance.



Visitor Room

The ward has three visitor rooms allowing visiting family members to spend time with their loved ones in a private and cozy environment.



Therapy Room

Specially designed to allow patients to focus on their activities and not be distracted by the surroundings, the therapy room also offers patients the opportunity to enjoy the latest video game technology – Kinect, where they can play stimulating games that involve limb exercises.



Occupational Therapy Room

The Occupational Therapy room is set up to simulate a typical home where patients are assessed and trained to perform activities of daily living, such as cooking and conduct activities to promote physical and psychosocial well-being, and facilitate integration into community living. Such occupational therapy sessions may be conducted in a group or individually.

