

INTRODUCTION

About Institute of Mental Health (IMH)

Located at Buangkok Green Medical Park, Institute of Mental Health (IMH) is a 2,000-bed acute tertiary psychiatric hospital that offers a comprehensive range of psychiatric, rehabilitative and counselling services for children, adolescents, adults, and the elderly.

IMH believes in providing holistic integrative mental healthcare. Its modern facilities complement evidence-based multidisciplinary practices ranging from clinical psychology, nursing, occupational therapy, to medical social work.

As Singapore's only tertiary psychiatric care institution, IMH nurtures the next generation of mental healthcare practitioners through the NHG-AHPL Residency Programme, and collaborate with the local tertiary institutions, continuing its tradition of care since 1928.

About General Psychiatry (team-based continuity of care)

In order to focus on team-based continuity of care for patients and caregivers within the community and to better respond to their unique needs, our care delivery is done via four regional teams (namely North, Central, East and West). The regional teams have been tasked to pro-actively deliver integrated services for our patients across the care spectrum, in collaboration with various community partners and with the goal of venturing into population health.

The regional teams adopt a multi-disciplinary approach towards managing our adult and elderly patients from the inpatient, outpatient and community settings. The regional teams may be organized into smaller and more dynamic multi-disciplinary teamlets to more effectively deliver this holistic care to patients in sub-Regions.

As a result, the fellow will not only have the opportunity to be exposed to a wide variety of disorders, he or she will also be part of care delivery across settings. In addition to hospital-based work, he or she may be involved in community-based initiatives such as working with primary care partners, community stakeholders and other Restructured Hospitals.

TITLE OF PROGRAMME

Clinical Fellowship in General Psychiatry

NAME OF PROGRAMME DIRECTOR

Dr Chris Tan Ze Jia, Consultant & Chief of North Region

DURATION OF PROGRAMME

Full time, 42 hours per week for a minimum of 6 months and up to 1 year

Successful applicants are not eligible for reimbursement or benefits.

OBJECTIVES

The main objectives for Clinical Fellows are:

1. To enhance general psychiatry knowledge and skills;
2. To gain exposure and experience in adult psychiatry practice and mental health services;
3. To develop leadership in the use of psychosocial model and multidisciplinary team approach.

Secondary objectives include:

1. To participate in ward rounds, journal readings, case conferences and other training programmes;
2. To experience cross cultural psychiatric practice in a multicultural society;
3. To gain exposure in clinical quality and patient safety activities.

MINIMUM ENTRY REQUIREMENTS FOR APPLICATION AS A CLINICAL FELLOW – REGISTRAR LEVEL

1. Meets SMC basic requirements for Temporary Registration as a Clinical Fellow;
2. At least 6 months experience in General Psychiatry;
3. Appropriate management and organization experience;
4. Good oral and written communication skills;
5. Proven ability to work well in multidisciplinary teams;
6. Exhibit professionalism and commitment;
7. References and testimonials, if available.

MINIMUM ENTRY REQUIREMENTS FOR APPLICATION AS A CLINICAL FELLOW – MEDICAL OFFICER LEVEL

1. Meets SMC basic requirements for Temporary Registration as a Clinical Fellow;
2. At least 12 months experience in General Psychiatry;
3. Appropriate management and organization experience;
4. Good oral and written communication skills;

5. Proven ability to work well in multidisciplinary teams;
6. Exhibit professionalism and commitment;
7. References and testimonials, if available.

KNOWLEDGE AND SKILL AREAS/ KEY CLINICAL CASES

Knowledge and Skills

1. Formulating a case and coming up with a holistic care plan
 - Diagnostic interview, mental state examination and risk assessment
 - Differential and dual diagnoses
2. Multidisciplinary teamwork
3. Consultation liaison
4. Discharge planning and follow-up care including knowledge of available community programmes or resources
5. Ability to identify relevant medico-legal issues that may arise in one’s practice
6. Individual and family psycho-education
7. Management of common psychiatric disorders including evidence-based treatments

COMPONENTS, FREQUENCY & METHOD OF TRAINING (CLINICAL AND/OR NON-CLINICAL)

1. Registrar-level or MO-level duties in the different regions (e.g. attachments to wards, clinic, emergency services etc) – daily;
2. Regular supervision and teaching with assigned supervisors – weekly/ monthly;
3. Regular training involvement (e.g. ward rounds, journal readings, case conferences etc) – as arranged

No night duties.

MAXIMUM INTAKE

Maximum of 1 clinical fellow at any one time

HOSPITALS AND CLINICAL DEPARTMENTS IN WHICH TRAINEES WILL BE ROTATED THROUGH

Name of Department	Name of institution	Frequency of practice (in percentage)
General & Community Psychiatry	Institute of Mental Health	100%

METHOD (S) OF TRAINEE SUPERVISION

Individual and group supervision by a senior clinician who is the assigned supervisor.

METHOD (S) OF TRAINEE ASSESSMENT

360 degree feedback, mid-fellowship and end-of-fellowship work performance reviews.

CRITERIA FOR EARLY TERMINATION OF PROGRAMME

1. Unprofessional or unethical behaviour
2. Serious breach of patient confidentiality
3. Serious and founded complaints by patients or staff
4. Any behaviour that could compromise effective teamwork

FEEDBACK AND COUNSELLING PROCEDURES (BETWEEN SUPERVISORS AND TRAINEES)

To be done during individual supervision sessions.

RESPONSIBLE TO

1. Supervisor-in-charge of posted Region (General & Community Psychiatry Department)
2. Clinical Chief of posted Region (General & Community Psychiatry Department)