

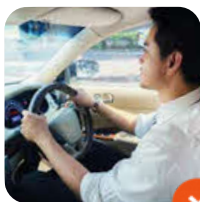
A Guide for Patients and Families

# Pupillary Dilatation for Diabetic Retinopathy Screening

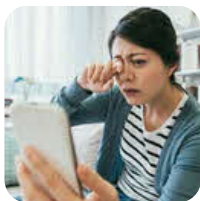


For best photographic results and better diagnosis of Diabetic Retinopathy (especially if cataract is present), it may be necessary to dilate the pupils of your eyes.

**Please note:**



You are advised not to drive to the screening centre because you may experience blurring of vision after pupillary dilatation.



This blurring of vision can last 5 to 6 hours. Reading and doing close work may be impaired.



On rare occasions, pupillary dilatation may precipitate an acute attack of raised eyeball pressure (Acute Glaucoma).

## Signs and Symptoms



Should you have the following signs and symptoms after pupillary dilatation, seek treatment immediately from your ophthalmologist or the nearest hospital:

- Pain and redness in the eye
- Sudden drop in vision
- Headache
- Nausea and / or vomiting

Acute Glaucoma after pupillary dilatation is uncommon.

**DO NOT BE ALARMED!**

It can be treated if medical attention is sought early.



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