

NHG SEED

Mentors Profiles

In every one of you, there is great potential.

The NHG SEED (Supporting Exploration among Early-career Doctors) Programme aims to close the mentoring gap through developing quality mentoring relationships within the NHG Kampung, and in so doing, aspire to help you to reach your goals in your budding careers.

We have brought together mentors from across various paths, ranging from near-peers to esteemed clinicians, all with their own unique insights to share with you.



Not for external circulation

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Adj Asst Prof Endean Tan Zie Hean



Institution: TTSH
Specialty: General Medicine
Career Track: Clinical Education

3 things about me:

1. I have extremely varied interests, so will be happy to discuss almost every topic under (or above) the sun
2. I have many hobbies and will be happy to introduce them to anyone who is keen
3. I only eat lunch when I have a student or mentee to share the time with!

Short bio about mentor

*Senior Consultant, General Medicine, Tan Tock Seng Hospital
Head of the Acute Internal Medicine Service, TTSH
Clinical Director, Mobile Inpatient Care at Home for TTSH and the National Healthcare Group
Chairperson, Internal Medicine Residency Advisory Committee
Examiner for NUS, NTU, Duke-NUS, Joint Committee on Specialist Training, and the Royal Colleges of Physicians of the United Kingdom*

Asst Prof Endean Tan wears many hats in his multiple roles as a clinician, educator and administrator, but his heart truly sings when it comes to patient care and teaching.

His specialty (in General Internal Medicine) is best experienced in sampling the wide range of clinical cases he sees on a daily basis in the inpatient and outpatient arenas. When presented with the breadth and depth of Medicine, the beauty and the raw energy of this life choice driving this physician will become apparent. He particularly enjoys the intensity and scope of Acute Medicine, and counts himself fortunate being able to deliver medical care to those in need no matter where they are.

He loves teaching a wide range of multi-disciplinary audiences, from pre-medical school to post-graduate students, and with that he has discovered a passion for mentorship. Much more can be done to support and plan the careers of our junior colleagues, and it is with great pleasure that he embarks on this journey with the NHG SEED programme!

A/Prof Faith Chia Li-Ann



Institution: TTSH

Specialty: Rheumatology, Allergy and Immunology

Career Track: Clinical Education

3 things about me:

1. Passionate about medical education
2. Journeying through learning how to fulfil work and life responsibilities
3. CCA choral music

Short bio about mentor

A/Prof Faith Chia is a Senior Consultant in the Department of Rheumatology, Allergy and Immunology, Tan Tock Seng Hospital, Singapore. She is a Fellow of the Royal College of Physicians and Surgeons (Glasgow), Royal College of Physicians (London) and Academy of Medicine. She is the President-Elect of the College of Physicians and President of the College of Clinician Educators. She has received peer reviewed research funding and served for many years on the institutional research ethics board.

Faith is passionate about education the future generations of physicians and actively teaches and examines at undergraduate and graduate level. She has been recognized with numerous teaching awards including the NHG Education Leaders Award and the ACGME International award for Physician Leaders. She is Vice Dean (Education) at the Lee Kong Chian School of Medicine and Adjunct Associate Professor at the Yong Loo Lin School of Medicine. She is the Education Director of Tan Tock Seng Hospital's Pre-Professional Education Office and Cluster Education Director (Pre-Professional Education), National Healthcare Group. She was previously the Designated Institutional Official, NHG Residency. She is currently the Programme Director for the Singapore Chief Resident Programme, MOHH Healthcare Leadership College.

Faith is married with two school-going children who ensure she keeps learning new things. Balancing and fulfilling work and life responsibilities is an ongoing adventure, and she is cognizant of the unique challenges faced by women in medicine. Music is a crucial aspect of her life and she continues to devote time to choral music.

Adj Asst Prof Llewellyn Lee Kuan Ming



Institution: TTSH
Specialty: Ophthalmology
Career Track: Clinical Education

3 things about me:

Can't say no to the 3 Fs:

1. Football
2. Food
3. coFfee (haha sorry last one a bit kelong)

Short bio about mentor

Dr Llewellyn Lee is currently a Senior Consultant and Deputy Head, Oculoplastics Service with National Healthcare Group Eye Institute @ Tan Tock Seng Hospital. He completed a year-long fellowship in Seoul under the esteemed Professor Kim Yoon Duck at Samsung Medical Center, and has a sub-specialty interest in oculoplastics. He currently serves as Chair of the Oculoplastic Subspecialty Committee, College Of Ophthalmologists, Academy of Medicine, Singapore.

He is the immediate past Head of Training & Education, as well as the inaugural and immediate past Programme Director of the NHG Ophthalmology Residency Programme, where he oversaw the training of ophthalmologists that came through our department.

Dr Lee currently serves as the Designated Institutional Official (DIO) of NHG Residency. He has been awarded the Accreditation Council for Graduate Medical Education International (ACGME-I) physician educator award, and has been an invited speaker at local and international ophthalmic and medical education conferences.

Adj A/Prof Michelle Jong



Institution: TTSH

Specialty: Endocrinology

Career Track: Clinical Education

3 things about me:

The mentee I am looking for is someone:

1. Who can teach me something about life and the universe
2. Who wants to look at their own dark thoughts in a confidential setting
3. Who needs a cheerleader and champion to navigate the complexities of being a person in the healthcare workplace

Short bio about mentor

Michelle Jong is the NHG Chief Clinical Education Officer. Her portfolios span two domains Education, Endocrinology. Her fascination with technology can be described as 'enthusiastically cautious'. Her work and style of work is strongly influenced by the other aspects of her life that make up her whole, namely: mother, wife and daughter, friend, colleague, leader and follower. She likes to think through frameworks building heuristics to make life more manageable.

Her blood coffee concentration is often "normally abnormal"

Dr Phua Eng Joo



Institution: KTPH
Specialty: General Medicine
Career Track: Clinical Education

Short bio about mentor

Dr Phua is a senior consultant endocrinologist with the Department of General Medicine at Khoo Teck Puat Hospital (KTPH). As an experienced medical educator, he has a keen interest in nurturing young doctors to become healthcare professionals for the future.

Dr Phua currently leads the Division of Endocrinology at KTPH and is also Associate Designated Institutional Official with NHG Residency.

Dr Andrew Li



Institution: TTSH

Specialty: Respiratory Medicine

Career Track: Clinical Informatics / Healthcare Administration and Leadership

3 things about me:

1. I must read my daily breakfast of Wuxia stories in English
2. You never walk alone!
3. Parenting my 3 girls has taught me so much about differences in people's strengths, potential and interests! Harness those differences!

Short bio about mentor

My name is Dr Andrew Li. Although I am working as a senior consultant pulmonologist and intensivist in TTSH, I have wide interests and varied experience throughout the medical ecosystem. Apart from my clinical and research interests (Ranging from interstitial lung disease, intensive care medicine, sepsis to clinical nutrition), I have been heavily involved in undergraduate and postgraduate clinical education, with a special emphasis on Year 3 curriculum and AI application in education pedagogy and analytics. On the side, I am also known as a medical informaticist who leads data analytical efforts in NHG, which complements my work in research and clinical education.

Dr Gerald Tan Jit Shen



Institution: TTSH

Specialty: Diagnostic Radiology

Career Track: Clinical Informatics

3 things about me:

4. There is no lesson plan for Life
5. 99% of what I learnt wasn't in the syllabus
6. YOLO

Short bio about mentor

Gerald Tan graduated from medical school in 2001 and is currently a radiologist at Tan Tock Seng Hospital. He also holds various clinical informatics roles within the National Healthcare Group, and educational portfolios with Lee Kong Chian School of Medicine, Nanyang Technological University.

Dr Hii Shiun Jiin Joshua



Institution: KTPH

Specialty: -

Career Track: Clinical Informatics

3 things about me:

1. Technical “geek” and therefore focus on development of technical solutions to support Clinical IT: usability, process efficiency and enhancing clinical excellence
2. Less enthusiasm for IT project management and policies
3. For NHG, the main phase of ‘building’ electronic medical record is almost over (data generation and reporting), so the next phase would be working towards analysis, prediction and actionable insights

Short bio about mentor

MBBS, GDFM

Deputy Director, Office of Clinical Informatics, Yishun Health

Pioneer clinical champion of electronic medical record at Yishun Health, Sunrise Clinical Manager.

Design, set up and deploy closed loop laboratory, blood and blood products, radiology and medication orders

Build clinical logics for alerts and error trapping

Design, set up and deploy electronic clinical documentation, referrals and blue letters

NHG Inpatient Clinical lead for Next Generation Electronic Medical Records, Epic

Set up, deploy and set up for NHG and NUHS acute and community hospitals

NHG Lead and Yishun Health Clinical Champion for electronic Critical Result management and alerts

Dr Ravinder Singh Sachdev



Institution: TTSH

Specialty: ICC - Continuing and Community Care

Career Track: Clinical Informatics

3 things about me:

1. Laughter is the best medicine, followed by narrow-spectrum antibiotics.
2. Where there's a **will**, there's a **won't** – that's where the real work begins!
3. Health Informatics is as much about computers as Cardiology is about the stethoscope!

Short bio about mentor

Dr Ravi Sachdev is a Family Physician, Senior Consultant and Chief Medical Informatics Officer and Deputy Director of the Office of Clinical Informatics at Tan Tock Seng Hospital (TTSH), Singapore. He received his medical degree in Singapore, and postgraduate training in the UK, including a Master's degree in Health Informatics from the University of Sheffield, and is a Dell-EMC-certified Data Scientist.

He is chairman of TTSH's Telehealth Steering Committee and a member of Singapore's National Telehealth Workgroup. Dr Sachdev is a clinical innovator, with several active projects in the areas of remote monitoring & medication adherence. His special interests lie in the application of the Internet of Things to Healthcare, as well as in Data Analytics and Machine Learning.

A/Prof Terence Tang Eng Yeow



Institution: KTPH
Specialty: Geriatric Medicine
Career Track: Clinical Informatics

3 things about me:

1. Geriatric Medicine
2. Value Based Care
3. Clinical Informatics

Short bio about mentor

Dr Terence Tang is a practicing physician with the department of Geriatric Medicine at Khoo Teck Puat Hospital. Having led the department previously, he continues to care for older people in the hospital. He is an advocate of care integration and lobbies for a value based & cross disciplinary approach to care delivery.

Currently, he advises the Cluster as the Group Chief Clinical Informatics Officer. He oversees the development and improvement of the Electronic Medical Record (EMR) system and related matters.

He was instrumental in the setting up and adoption of the EMR during the inception of Khoo Teck Puat Hospital, Admiralty Medical Center and Yishun Community Hospital. Recently, he led the implementation of the enterprise wide EMR across NHG. He continues to be involved with various cluster and national Medical Informatics as well as Value Based care committees and initiatives.

Dr Tang is passionate about using information to guide continuous improvement efforts at various levels of the system, impacting ultimately, the delivery of care.

He obtained his medical degree at the University of Singapore and went on to attain a Masters in Internal Medicine with the Royal College of Medicine (UK). He is an accredited specialist in Geriatric Medicine with the Specialist Accreditation Board and had attended advanced management courses at the Harvard Business school and at INSEAD.

He continues his passion in medical education through an associate professorship with the National Technological University, Lee Kong Chian School of Medicine.

Dr Quah Teik Joo



Institution: TTSH
Specialty: Rehabilitation Medicine
Career Track: Clinical Informatics

3 things about me:

1. Don't judge me by its cover.
2. Leave the breathtaking part to the uncertainty.
3. Keep breathing

Short bio about mentor

Dr Quah graduated from the University of Malaya and went on to obtain Membership of the Royal College of Physicians (United Kingdom). He completed specialist training in Advanced Internal Medicine under the National Healthcare Group.

Dr Quah is also involved in both undergraduate and postgraduate medical education, and holds teaching appointments with both Lee Kong Chian School of Medicine, Nanyang Technological University (NTU) and Yong Loo Lin School of Medicine, NUS.

Dr Chiu Li Qi



Institution: TTSH

Specialty: Emergency Medicine

Career Track: Clinical Quality and Patient Safety

3 things about me:

1. Avid traveller of the roads less travelled.
2. Always enjoy a chat over projects and how to develop them.
3. Provide a listening ear for support.

Short bio about mentor

I'm an Emergency Physician with a keen interest in acute trauma care, quality and patient safety, as well as quality improvement. I am closely involved in the hospital's quality improvement programme and strongly believe in using data to drive change. Off work, I love traveling.

Dr Dominique Phang Pei Yue



Institution: NHGP

Specialty: Family Medicine

Career Track: Clinical Quality and Patient Safety

3 things about me:

1. I am passionate about inclusive care that leaves no one behind.
2. Will anyone die? If not, let's fix it and move on.
3. Harry Potter fan – still dreaming of my Hogwarts letter to disappear into a world of magic

Short bio about mentor

Family Physician | Healthcare & Community Leader | Champion for Disability Inclusion

I am a family physician with over 20 years primary care experience, caring for patients across life stages and ages, while leading quality improvement and patient safety initiatives.

I am passionate about improving care for individuals with autism and other disabilities—strengthening access, supporting caregivers, and designing services that meet needs across the life course.

As both a caregiver and founder of a faith-based disability ministry, I understand firsthand the challenges families face and the impact of true inclusion. I now lead cross-sector initiatives connecting healthcare, faith organizations, and community partners to champion disability awareness and build communities where every person belongs.

Dr Liaw Chen Mei



Institution: KTPH

Specialty: Anaesthesia & Intensive Care Medicine

Career Track: Clinical Quality and Patient Safety

3 things about me:

1. Focuses on improving value and safety for patients through continuously improving patient flows and processes, and strengthening a culture of safety in her institution.
2. A mother of 2 girls aged 10 and 8, she also enjoys an occasional game of tennis.
3. Enjoys an occasional game of tennis or pickleball.

Short bio about mentor

Dr Liaw Chen Mei is Assistant Chairman, Medical Board (Clinical Quality, Performance and Value) and a Senior Consultant, Anesthesiology with Khoo Teck Puat Hospital. She completed her Anaesthesia training in 2014, and a six-month Perioperative Medicine Fellowship at The Alfred Hospital, Melbourne in 2017. As ACMB (CQPV), she focuses on improving value and safety for patients through continuously improving patient flows and processes, and strengthening a culture of safety in her institution. A mother of 2 girls aged 10 and 8, she also enjoys an occasional game of tennis or pickleball.

Adj Asst Prof Lim Tze Chwan



Institution: WH

Specialty: Diagnostic Radiology

Career Track: Clinical Quality and Patient Safety

3 things about me:

1. I am a certified NHG Health Culture Trainer.
2. I have been serving in the Executive Committee of the Singapore Radiological Society since 2016.
3. The first car I drove was a classic Mini named "Milo".

Short bio about mentor

Dr Lim Tze Chwan's journey in healthcare is defined by a steadfast pursuit of excellence and a deep commitment to advancing patient care. Born and raised in Singapore, he obtained MBBS from the National University of Singapore in 2002, later completing his Master of Medicine (MMed) in Diagnostic Radiology and earning the Fellowship of the Royal College of Radiologists (FRCR) in 2009. In 2011, he was also conferred as a Fellow of the Academy of Medicine, Singapore. These are milestones that laid the foundation for his leadership in radiology.

Today, Dr Lim serves as Chief of the Department of Radiology at Woodlands Hospital, where he has guided the department since 2018. His roles extend far beyond clinical radiology service. As Clinical Director of the Value Office, he is a champion of appropriate and value-based care, leading hospital-wide efforts to ensure delivery of high value, safe, effective, efficient, timely, equitable, as well as patient-centered care. As a faculty member of the Institute of Healthcare Quality, he is an advocate for clinical quality improvement. His involvement in multiple institutional and national committees is testament to his influence in shaping the healthcare system of tomorrow.

Dr Lim's professional expertise lies in neuroradiology, where he has served as the lead neuroradiologist for Woodlands Hospital and contributed extensively to the institution stroke workgroup. His passion for teaching has seen him nurture the next generation of doctors and radiologists as an Adjunct Assistant Professor at the Yong Loo Lin School of Medicine, National University of Singapore, as well as a Senior Lecturer at Nanyang Technological University's Lee Kong Chian School of Medicine. He has also played a central role in the national radiology examinations, serving as Deputy Chief Examiner for the Joint Final MMed (Diagnostic Radiology) / Final FRCR Part B Examination.

Beyond his leadership roles, Dr Lim has contributed to numerous peer-reviewed publications and book chapters, spanning neuroradiology, emergency radiology, thoracic imaging as well as radiology education.

Outside of medicine, Dr Lim's interests range from endurance sports like marathons and biathlons to vintage automobiles, where he was a founding member of the Heritage Car Club Singapore. These pursuits reflect a balance of discipline, resilience and passion – qualities that define his professional and personal life.

"Ultimately, the secret of quality is love."

- Avedis Donabedian

Dr Marcus Tan Zhongqiang



Institution: IMH

Specialty: Psychiatry

Career Track: Clinical Quality and Patient Safety

3 things about me:

1. I think a commitment to Patient Safety is a fundamental duty of every healthcare professional.
2. I conduct my church choir.
3. I also sing (badly) with an early music ensemble.

Short bio about mentor

I am a Psychiatrist with a keen interest in the mental health of the elderly, quality improvement and patient safety. I am also the co-chair of IMH Medication Safety Workgroup and the Deputy Chair of the IMH Pharmacy and Therapeutics Committee.

Adj A/Prof Tai Hwei Yee



Institution: TTSH
Specialty: Anaesthesia & Intensive Care Medicine
Career Track: Clinical Quality and Patient Safety

3 things about me:

1. Loves food
2. Loves travelling
3. Loves dogs

Short bio about mentor

Adj A/Prof Tai is trained as an Anaesthetist and Intensive Care Physician. In 2000, she accepted a part-time administrative role and has held several portfolios in TTSH including Director, Casemix Office, Assistant Chairman Medical Board for Clinical Quality and Audit and Director Surgical ICU, Director, Pre-Admission, Counseling and Evaluation Service; She has served on many committees and workgroups at hospital, cluster and national level engaging with other healthcare professionals on quality and patient safety, technology assessment, information technology and education.

She was appointed as Deputy Chief Quality Officer, NHG in 2008 and became the Group Chief Quality Officer in 2015, stepping down in 2022. She was the Director of NHG Institute of Healthcare Quality from 2011 to 2014 and also the Quality and Patient Safety Lead at the LKC School of Medicine from 2012-2023. Currently she is Senior Consultant at NHG Group Quality and also serves as senior advisor to IMH Quality and Value Committee.

In addition to her quality and patient safety roles at TTSH and NHG, A/Prof Tai was also the Co-Chair of the Singapore Healthcare Improvement Network (SHINe) from 2012-2018 and through that network, worked to improve clinical outcomes and safety for patients in Singapore. She was the Executive Lead for SHINe's Harm Reduction Large Scale Initiative (LSI) involving more than 45 public and private healthcare institutions and was also involved in developing a National Curriculum for PSQI education for healthcare professionals. She was appointed as part time professional consultant to MOH in 2012, assisting MOH Quality and Value Division as well as the Licensing Division. She advises the professional services division in MOH on Anesthesia Fees.

A/Prof Tai received the National Medical Excellence Award as a Clinical Quality Activist in 2012, NHG Outstanding Citizen award in 2006 and NHG Distinguished Achievement award in 2012. She received NHG's Lifetime Achievement award in 2024 for her contributions to NHG.

Dr Andrew Li



Institution: TTSH

Specialty: Respiratory Medicine

Career Track: Clinical Informatics / Healthcare Administration and Leadership

3 things about me:

7. I must read my daily breakfast of Wuxia stories in English
8. You never walk alone!
9. Parenting my 3 girls has taught me so much about differences in people's strengths, potential and interests! Harness those differences!

Short bio about mentor

My name is Dr Andrew Li. Although I am working as a senior consultant pulmonologist and intensivist in TTSH, I have wide interests and varied experience throughout the medical ecosystem. Apart from my clinical and research interests (Ranging from interstitial lung disease, intensive care medicine, sepsis to clinical nutrition), I have been heavily involved in undergraduate and postgraduate clinical education, with a special emphasis on Year 3 curriculum and AI application in education pedagogy and analytics. On the side, I am also known as a medical informaticist who leads data analytical efforts in NHG, which complements my work in research and clinical education. and analytics. On the side, I am also known as a medical informaticist who leads data analytical efforts in NHG, which complements my work in research and clinical education.

Adj A/Prof Bernard Thong Yu Hor



Institution: TTSH

Specialty: Rheumatology, Allergy and Immunology

Career Track: Healthcare Administration and Leadership

3 things about me:

1. My favourite pastime is running along Alexandra Park Connector
2. My favourite travel destination is Australia
3. Leadership development for the next generation is a key priority as CMB.

Short bio about mentor

Adjunct Associate Professor Bernard Thong is Senior Consultant at the Department of Rheumatology, Allergy and Immunology, Chairman Medical Board, and adjunct Associate Professor at the Lee Kong Chian School of Medicine.

Adj A/Prof Thong completed his undergraduate medical training at the National University of Singapore in 1994, obtained Membership of the College of Physicians (United Kingdom) (MRCP UK) in 1998 and joined TTSH as registrar in 1999. He completed his advanced specialty in training in rheumatology in 2002. Between 2002-2003, he completed his fellowship training under the Ministry of Health's Health Manpower Development Plan in Clinical Immunology and Allergy at Southampton General Hospital, United Kingdom.

As Head of Department for Rheumatology, Allergy and Immunology between 2008-2017, he continued to develop the department's clinical, research and education programs in rheumatology and clinical immunology/allergy. This included the inception of the rheumatology senior residency program (inaugural cohort in 2014), and curriculum development for the Lee Kong Chian School of Medicine (inaugural cohort in 2013).

Adj A/Prof Thong was subsequently appointed as Divisional Chairman Medicine from April 2018 to March 2024, and concurrently assumed the position of Clinical Director of the TTSH Office of Occupational, Environmental Health and Safety.

Adj A/Prof Thong is actively involved in undergraduate and postgraduate medical education and assessments, including MRCP PACES (Practical Assessment of Clinical Examination Skills) professorial tutorials. He has published more than 120 papers in peer-reviewed rheumatology and clinical immunology/ allergy journals, including guidelines on anaphylaxis and drug allergy.

Dr Darren Seah



Institution: NHGP

Specialty: Family Medicine

Career Track: Healthcare Administration and Leadership

3 things about me:

1. I'm married with 3 children (all boys!)
2. I love meats and wines.
3. I have many sports interests but limit myself to mostly running and badminton.

Short bio about mentor

Dr Darren Seah is a Senior Consultant Family Physician at the National Healthcare Group Polyclinics (NHGP).

He graduated from NUS in 2001 and was conferred the Fellowship of the College of Family Physicians (Singapore) in 2011.

He is Director, Primary Care Academy and Family Medicine Development in National Healthcare Group Polyclinics. He practises primary care medicine 1-2 days a week at Hougang Polyclinic.

His main clinical interests lie in Diabetes and Cardiovascular medicine and is currently co-chairperson of the NHG Diabetes and Metabolic Steering Committee.

Beyond current institutional activities Dr Seah is currently Censor-in-Chief in the College of Family Physicians (Singapore) and is an active NSman serving as Chief of Staff 6 DISCOM.

Adj Prof Nicholas Chew Wuen Ming



Institution: WH

Specialty: Psychiatry

Career Track: Healthcare Administration and Leadership

3 things about me:

1. Former NHG Group Chief Education Officer, NHG Residency DIO and NHG Education Director
2. Joined Woodlands Health in 2017 as CMB
3. Enjoys interacting with fellow healthcare professionals, discussing ideas on how we can make our work better

Short bio about mentor

Dr Chew serves as the Chairman Medical Board, Woodlands Health.

He obtained his MBBS in 1995, Masters of Medicine in Psychiatry in 2001, a Graduate Diploma in Psychotherapy in 2000 from the National University of Singapore. He obtained Master of Science in Health Professions Education from Massachusetts General Hospital Institute of Health Professions in 2013.

Dr Chew served as deputy head of the Department of Psychological Medicine at Tan Tock Seng Hospital from 2006-10 and was promoted to senior consultant in 2011. During this time he started a post stroke depression management program, “Effective Mood Management After Stroke”, in collaboration with the Rehabilitation Medicine Department, and the “HIV Psychiatry Program” with the Communicable Disease Center at Tan Tock Seng Hospital. He was awarded the Health Manpower Development Program Award in 2005 to pursue further education in consultation liaison psychiatry and short-term psychodynamic psychotherapy at Montreal General Hospital and McGill University. He also served as Assistant Chairman Medical Board (Medical Manpower Development) from 2013-2015.

Dr Chew was appointed as Designated Institutional Official of the NHG Residency from 2011 to 2018 and Education Director, NHG Pre-Professional Education Office from 2015 to 2017 and Group Chief Education Officer, NHG from 2015 to 2020.

A/Prof Phoa Lee Lan



Institution: KTPH

Specialty: General Medicine

Career Track: Healthcare Administration and Leadership

3 things about me:

1. I am particularly drawn to challenges — especially situations where there is an opportunity to “fix things,” whether in processes, culture, or care delivery. These moments, while often complex, are where leadership can make the greatest difference.
2. Outside of work, I value the importance of balance and reflection. I enjoy painting and singing, which provide me with space to decompress, reset, and sustain the energy needed for the work we do.
3. I look forward to journeying alongside you — to learn together, grow together, and to make a meaningful impact in the lives of the patients and teams we serve.

Short bio about mentor

I am a respiratory and critical care physician by training, and my professional journey has evolved from clinical practice into leadership. I began by serving as Head of the Respiratory and Critical Care section, subsequently took on the role of Head of the Department of Medicine, and later Deputy Chairman Medical Board. Since January 2025, I have had the privilege of serving as Chairman Medical Board for Khoo Teck Puat Hospital and Yishun Community Hospital.

Throughout this journey, I have come to believe strongly that leadership is not about position, but about purpose. We are entrusted with the privilege to serve — to develop the people under our care, to lead with humility, and to act with a sense of justice and compassion. I believe in embracing change, and in shaping meaningful, sustained improvements in the systems we work in, so that patient care and staff experience can continuously advance.

Adj A/Prof Amila Punyadasa



Institution: WH

Specialty: Emergency Medicine

Career Track: Hospital Clinician Scheme

3 things about me:

1. I'm committed to the holistic development and well-being of my mentees
2. I'm committed to life-long teaching and learning
3. I'm very family orientated and believe in achieving a good work-life balance

Short bio about mentor

Dr Amila practices Emergency Medicine with a special interest in medical education, team work dynamics (crisis resource management or CRM) and simulation-based training. In addition, he serves as adjunct Associate Professor at the Lee Kong Chian School of Medicine, NTU. He is also an Assistant Professor at the Yong Loo Lin School of Medicine, NUS.

Dr Amila obtained his Bachelor of Medicine, Bachelor of Surgery and Bachelor of the Art of Obstetrics degrees in Belfast, Northern Ireland in 1995. Dr Amila has combined his great passion of teaching with clinical care to the population of Singapore. Amongst his many education-related portfolios he is the Program Director of the hospital clinician scheme for WH, he is the immediate ex-lead (medical) of the Simlab and Chief instructor of ACLS. Amila is employed as Senior Consultant in the emergency department of woodlands health where he serves as Director of medical education. He is the immediate ex-clinical director for the ED. He is also the medical lead for health literacy for the hospital.

He started his career in the United Kingdom as a surgical trainee before moving to Hong Kong where he trained as a surgical research fellow, before settling in Singapore in 2000 and discovering his passion for emergency medicine. After training in the emergency medicine residency program in Singapore, he obtained Membership into the Royal College of Surgeons of Edinburgh in Accident & Emergency Medicine as well as his Masters of Medicine (Accident & Emergency) from NUS, in August 2004, with distinction and became a specialist in 2008. He practiced as an Associate Consultant in NUH ED before joining the Ng Teng Fong administration in 2010 as a consultant and becoming a senior consultant in 2015. There he served as Associate Dean and Medical L&D Chairman and was heavily involved in all forms of education. In 2019, he joined Woodlands Health where he has served as Health Literacy Chairman, PD of the Hospital Clinician scheme, start-up medical lead of the simulation center and Chief Instructor of ACLS.

He has received numerous teaching awards during his time as a clinician in Singapore. These include the 2013-2014 and 2016-2017 AY Undergraduate Best Tutor department awards – Emergency Medicine Department as well as the 2013-2014 AY SILVER Award for second best undergraduate tutor in Alexandra Hospital and Jurong Health and 2016-2017 AY GOLD Award for Best undergraduate tutor in Jurong Health. Additionally, he is a four-time Winner of the Yong Loo Lin School of Medicine Dean's Award for Teaching Excellence (2013-2014, 2015-2016, 2016-2017 and 2017-2018) and the First Jurong Health Campus recipient of the Deans Honour Roll Award (for 3

consecutive wins in the Deans Award for Teaching Excellence category). He also has received the Yong Loo Lin School of Medicine Special Recognition Award, received from the Dean for mentoring the medicine graduating classes of 2013, 2015, 2016 & 2017 and is also a two-time winner of the NUS Medsoc Outstanding Tutor Award in 2017 and 2019. He also won the Teaching Excellence (Medical) Award at the Inaugural NUHS Teaching Awards (2018) as well as the NHG Teaching Award for Senior Doctors (2020). In addition, he has won PGY1 teaching awards receiving the PGY1 CEP A* award in Teaching in 2015 as well as the CEP Teaching Award for Best Simulation Session 2017 (Internal Medicine Simulation).

Dr Jane Choong Pei Jing



Institution: WH

Specialty: Post Acute Community Care

Career Track: Hospital Clinician Scheme

3 things about me:

1. I aim to create a comfortable space where mentees can share openly and ask anything
2. I enjoy discussing career planning, work–life balance, and navigating challenges as a junior doctor
3. Outside of work, I love travelling, trying new cafés, and exploring good food spots

Short bio about mentor

Dr Jane Choong joined Woodlands Hospital in 2020 under the Hospital Clinician scheme and completed her training in 2023.

Before that, Dr Choong was a medical officer under the Ministry of Health, Singapore for 3 years. She has worked in the Department of Medicine at the Khoo Teck Puat Hospital, the Geriatric Medicine Department of Tan Tock Seng Hospital and the Rehabilitation/Palliative Medicine Department of Yishun Community Hospital. Dr Choong has a clinical interest in family medicine, geriatric medicine and community care. She is an advocate of good care transition from hospital to the community.

Dr Choong speaks English, Cantonese, Malay and Mandarin.

Dr Jonathan Low Chee Chung



Institution: TTSH

Specialty: Orthopaedic Surgery

Career Track: Hospital Clinician Scheme

3 things about me:

1. I used to sprint competitively, but now I do leisure running.
2. I love playing badminton, a sport I grew up playing with my father.
3. I have a Corgi and an Irish Golden Retriever.

Short bio about mentor

After graduating from medical school in the UK in 2015, I started Housemanship in Singapore. After several MOPEX postings, I embarked on the Hospital Clinic Scheme in January 2023. Now I am a Senior Hospital Clinician in TTSH Orthopaedic Surgery. Work aside, family is most important to me. My wife and I have a two furkids, and just recently welcomed a newborn into our little family.

Dr Mehar Ali Ashfaq Ahmed



Institution: WH
Specialty: Emergency Medicine
Career Track: Hospital Clinician Scheme

Short bio about mentor

Dr Ashfaq practises emergency medicine with special interests in trauma, critical care and point of care ultrasound.

Dr Ashfaq completed his primary medical qualification MBBS in India from Madras Medical College in 2012. He also completed his Member of Royal College of Emergency Medicine (MRCEM) exam in 2019 and is currently pursuing for fellowship degree.

He had worked through various emergency departments in India and in Singapore before joining Woodlands Hospital in Sep 2021. He then proceeded to join the Hospital Clinician diploma programme from Jan 2022. Additionally, he also provides patient care at Urgent Care Centre Admiralty.

He attends various ultrasound related courses to up skill his proficiency in point of care ultrasound. Dr Ashfaq firmly believes that patient's trust is of paramount importance for providing quality and holistic care to the patients.

Dr Ashfaq holds membership with WH Junior Doctors committee (WHJDC) representing WH Emergency department and is also an executive member of Kayalpatnam Welfare Association (KWAS). He is also a regular blood donor at the Singapore Red Cross Society.

Dr Phua Eng Joo



Institution: KTPH
Specialty: General Medicine
Career Track: Clinical Education

Short bio about mentor

Dr Phua is a senior consultant endocrinologist with the Department of General Medicine at Khoo Teck Puat Hospital (KTPH). As an experienced medical educator, he has a keen interest in nurturing young doctors to become healthcare professionals for the future.

Dr Phua currently leads the Division of Endocrinology at KTPH and is also Associate Designated Institutional Official with NHG Residency.

Dr Tang Yee Lin



Institution: TTSH
Specialty: Pathology
Career Track: Hospital Clinician Scheme

3 things about me:

1. I can't live without the gym.
2. Believes that calories are better shared.
3. Loves adding vinegar to her food.

Short bio about mentor

Hello! I'm a graduate of YLLSOM and completed my Surgical/Anatomical Pathology residency training at TTSH. In addition to my clinical duties, I'm actively involved in various Co-Curricular Activities (CCAs) at the hospital, such as running the Hospital Clinician Scheme. I enjoy engaging in conversations, having good company and food, and working out at the gym!

I'm really looking forward to meeting all of you!

Dr Vikram Manian



Institution: WH

Specialty: Emergency Medicine

Career Track: Hospital Clinician Scheme

3 things about me:

1. I am one of the first to graduate from the Hospital Clinician career track
2. I concurrently completed a Masters in Public Health to develop my interest in healthcare outside of my primary practice in Emergency Medicine
3. I enjoy exploring new places, hiking and climbing mountains

Short bio about mentor

Dr Vikram practises Emergency Medicine with special clinical interests in trauma, public health, and travel medicine.

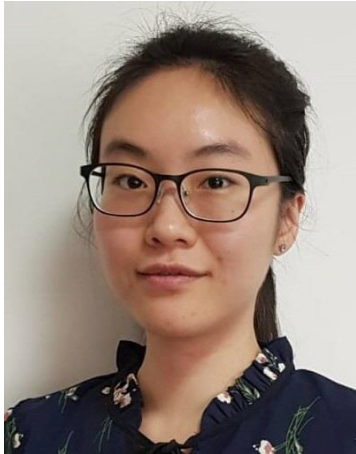
Dr Vikram completed his undergraduate medical training at the NUS Yong Loo Lin School of Medicine in 2016 and completed the Hospital Clinician Graduate Diploma in 2023. He is currently pursuing a Masters in Public Health at the NUS Saw Swee Hock School of Public Health.

Dr Vikram joined Woodlands Health in 2020 and is a mentor for junior doctors under the NHG SEED programme. Dr Vikram is also an instructor in Advanced Trauma Life Support and conducts practicums on trauma care for civilian and military physicians.

A keen advocate for accessible and equitable healthcare, Dr Vikram volunteers in a medical capacity with various community organisations including HealthServe, Club2Care and Pink Dot SG.

Dr Vikram speaks English and Tamil.

Dr Yu Zijun



Institution: TTSH

Specialty: Emergency Medicine

Career Track: Hospital Clinician Scheme

3 things about me:

1. I believe work does not define us completely and that there is life outside of work
2. Outside of work I grow plants and keep small pets such as caterpillars, terrapins and fish
3. I like to try new things

Short bio about mentor

Hi! I am Zijun. I am currently working as a hospital clinician in Emergency Medicine. I like the flexibility that shift work allows and believe that life can progress in tandem with professional work. The hospital clinician programme allows me to rotate through relevant departments that help me build the clinical skills needed for my future career. It also offers a lot more flexibility in choosing my elective postings. I can choose postings that I feel are lacking in my experience or will benefit my career path. These shorter postings, and the flexibility in scheduling them, allow me to balance my family commitments and spend more quality time with my loved ones.

Dr Airiel Ho



Institution: TTSH
Specialty: General Medicine
Career Track: Near-Peer

3 things about me:

1. Striving (but sometimes failing) to be more Christlike at work
2. Enjoy reading manga + Pokemon
3. In constant pursuit of good (and affordable) food

Short bio about mentor

Hello. I'm Airiel, an Associate Consultant in TTSH General Medicine.

I graduated from the NUS, Yong Loo Lin School of Medicine in 2019 and completed my postgraduate training through the Advanced Internal Medicine NHG residency program in 2026.

Happily married so I like going home but also happy to stay back to chat with my mentees.

I think that every generation brings about fresh perspectives and deeper introspection which can come together to create something even better. Mentorship can be a springboard for growth for both the mentor and mentee.

Looking forward to meeting you.

Dr Bernice Heng Qi Hui



Institution: TTSH

Specialty: Hand & Reconstructive Microsurgery

Career Track: Near-Peer

3 things about me:

Besides clinical work, she treasures the time spent with her family traveling and experiencing different cultures. Her love for the great outdoors and sunshine often mean that she can found taking small hikes or leisurely swims where no work texts or emails can reach her (thankfully!) She feels blessed to be able to mentor young doctors as they carve out their career and personal lives.

Short bio about mentor

Dr Bernice Heng is a Consultant in Hand and Reconstructive microsurgery at Tan Tock Seng Hospital in Singapore. She graduated from the National University of Singapore (2014) and became a Fellow of the Academy of Medicine (Hand Surgery) (2021). Her clinical interests include nerve-related injuries, spasticity and microsurgical reconstruction. She was awarded the American Society for Surgery of the Hand International Traveling fellowship in 2023 where she was able to broaden her horizons in recent surgical advances in nerve related pain injuries and prosthesis use. Dr Heng is also involved in both undergraduate and post-graduate teaching and was recently awarded the AY2023/2024 TTSH Medical Teaching Award (Top Twenty Teachers; Divisions of Surgery and ADM).

Dr Chan May Fong



Institution: NHG
Specialty: Orthopaedic Surgery
Career Track: Near-Peer

3 things about me:

1. I truly believe that interest, a good attitude, and willingness to put in the work will get you to wherever you want to be!
2. I enjoy doing martial arts recreationally – I was brought up doing Taekwondo, and have since transitioned to Muay Thai and have dabbled in Brazilian JiuJitsu
3. When I was young, the love for putting together furniture (Ikea and otherwise) was what gave me the idea to try for Orthopaedic Surgery

Short bio about mentor

May Fong is a final year Orthopedic Surgery Resident. She graduated from the University of Adelaide, South Australia in 2015, and returned to Singapore to work as a house officer in 2016.

During her time in medical school, she served in the Adelaide University Singapore Association as a committee member and education representative. She helped to organize events throughout the year for the Singaporeans studying in Adelaide, so as to build a “home away from home” for the students. As education representative, she organized tutorials for the junior medical students, and liaised with MOHH during the initiation of the Pre-Employment Grant.

Currently, she is part of the Singapore Orthopedic Trainees Committee (SOTC) that comprises representatives from each cluster tasked with gathering feedback and raising concerns of residents to the Residency Advisory Committee. The committee also organizes the inter-cluster Residents Challenge at the annual Singapore Orthopedic Association (SOA) meeting.

More recently, she also participated in the Singapore Chief Residency Program (SCRCP) representing NHG Orthopedic surgery.

In addition to post-graduate education, May Fong also assists with undergraduate education by volunteering as a tutor, examiner, most recently having served as assistant convenor for NUS YLL Phase 3 examinations.

May Fong has a keen interest in clinical innovation and is applying this to her research ventures. Her biomechanics project with NTU engineering students clinched gold in the Basic Science poster category at the Singapore Health and Biomedical Congress 2023, and best trauma paper at SOA 2023. She hopes that she can further expand this interest in clinical innovation and eventually apply it on a larger scale to positively impact the patient population.

Dr Cheryl Saw Jiayu



Institution: KTPH
Specialty: Anaesthesiology
Career Track: Near-Peer

3 things about me:

1. I have a brother who is also studying post-graduate medicine overseas, so I may have some recent experience in giving advice/support to someone who has never worked in Singapore before
2. I still love to play games (Playstation/Steam/phone) even though I am in my 30s
3. I am a homebody and always welcome virtual meet ups if that's what the mentees prefer

Short bio about mentor

Cheryl is a final year NHG Anaesthesiology Resident. She graduated from the University of Aberdeen (Scotland, United Kingdom) in 2016, and returned to Singapore in the same year to start her medical career as a House Officer.

During her time in medical school, she founded and became President of the University of Aberdeen Singapore Society, which aims to bring together and support Singaporeans both studying and working in Aberdeen. Cheryl also played an active role in medical education, where she organised mock examinations for junior students in her university.

In residency, Cheryl was appointed the Chief Resident for the NHG Anaesthesiology Programme in 2023, where she was involved in providing resident support in both academic and social activities. She also served on the NHG Residency Council Executive Committee as the Community Engagement Officer, where she collaborated with Boy's Town to organise an engagement day involving new NHG residents and Boy's Town beneficiaries.

Cheryl strongly believes in the importance of collaboration between specialties, professions and institutions to improve on and adapt to the current healthcare landscape. She aims to work towards building a nurturing environment for both new and existing doctors, which will enhance the collective spirit of commitment towards patients and also bolster effective relationships within the working community. She hopes to help new incoming doctors assimilate into the Singapore healthcare environment.

In her free time, Cheryl enjoys spending time with her pet dog and is also an avid gamer.

Dr Chia Ching Yee



Institution: KTPH
Specialty: Geriatric Medicine
Career Track: Near-Peer

3 things about me:

1. Being a doctor is an important part of a person's identity, but it should not be the entirety of who they are.
2. I believe a healthy dose of "laziness" helps us work smarter so we can focus our energy where it matters most.
3. Somehow made it through most of my residency and calls without caffeine, discovering tea much later on.

Short bio about mentor

Dr Chia Ching Yee is an Associate Consultant in Geriatric Medicine at Khoo Teck Puat Hospital. Her clinical interests lie in the care of older adults with complex medical and perioperative needs, with a particular focus on optimising care for frail patients through thoughtful, multidisciplinary approaches. She also has a growing interest in geriatric oncology, especially in supporting older adults with cancer through holistic, individualised care.

Outside of work, she is a tea enthusiast and an enthusiastic beginner on a new musical instrument— reminder that curiosity, and the occasional challenge, extend well beyond the hospital.

Dr Edwin Liang Fueng Chee



Institution: NHGP

Specialty: Family Medicine

Career Track: Near-Peer

3 things about me:

1. I believe that everyone should find meaning in all they do and have dreams to work towards.
2. I enjoy both tea and coffee.
3. Music is my passion.

Short bio about mentor

Dr. Edwin Liang is a practising Family Physician in Yishun Polyclinic. He has completed Family Medicine residency training and successfully obtained both the Graduate Diploma in Mental Health (GDMH) and Master of Medicine in Family Medicine (Mmed (FM)) post-graduate degrees, after graduating from the National University of Singapore Yong Loo Lin School of Medicine. He has a keen interest in community/ home-based care and is currently the head of a Teamlet in the polyclinic. Beyond clinical work, he is also passionate in medical education and is actively involved in the mentoring of junior doctors in the polyclinic.

Dr Gabriel Tan Thuan Ling



Institution: TTSH

Specialty: Endocrinology

Career Track: Near-Peer

3 things about me:

1. I remember residency well, the rewarding moments as much as the difficult ones. I am happy to be a sounding board for whatever you may be navigating, whether it is career decisions, postgraduate examinations, or simply getting through a challenging posting.
2. Medicine is full of clinical uncertainty, and learning to sit with ambiguity is one of the most important and least talked about skills we develop as doctors. I enjoy working through these moments and learning how to reason carefully when the path forward is not always clear.
3. I believe mentorship is a two-way street. I am still learning and growing myself, and I hope to create a space where honest conversations are welcomed, about medicine, about careers, and about life beyond the hospital.

Dr Heng Li Cheng



Institution: KTPH
Specialty: Geriatric Medicine
Career Track: Near-Peer

3 things about me:

1. I believe it is important that we do things we find meaningful
2. It is entirely possible and good to have interests outside of medicine
3. I love travelling and hiking

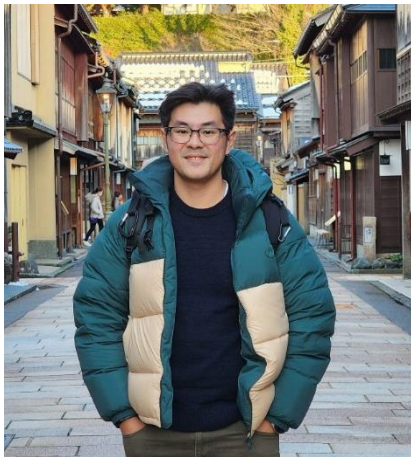
Short bio about mentor

Dr Heng Li Cheng is an Associate Consultant in Geriatric Medicine at Khoo Teck Puat Hospital (KTPH) with a clinical interest in dementia care.

She is passionate about the care of older adults and believes strongly in the need for patient-centred care.

Dr Heng is also interested in clinical education and research.

Dr Joel Zhou Cheng'en



Institution: TTSH

Specialty: Diagnostic Radiology

Career Track: Near-Peer

3 things about me:

1. I didn't choose radiology as a specialty
2. I (we) don't (always) work in the dark\
3. I am passionate about (not) working

Short bio about mentor

Joel is currently an interventional radiologist at Tan Tock Seng Hospital. He attained his medical degree from the University of New South Wales (Sydney, Australia) in 2015 and went on to complete the NHG diagnostic radiology program, where he was appointed as chief resident. During his tenure as chief resident, Joel took on roles within both the NHG Residency Council and the NHG Residency Wellness Committee. He was also selected to participate in the esteemed Singapore Chief Residency Program.

A strong advocate for excellence in medical education, Joel remains deeply engaged in both undergraduate and postgraduate education. He actively contributes to the training of future medical professionals at the Yong Loo Lin School of Medicine and Lee Kong Chian School of Medicine, as well as within the radiology community.

Outside of his professional life, Joel enjoys traveling, indulging in good food, and dragon boating along Kallang Basin on weekends. He also actively volunteers with the community, where he is a grassroots leader for Ang Mo Kio-Hougang CSN.

Dr Jonathan Wong



Institution: KTPH

Specialty: Respiratory Medicine

Career Track: Near-Peer

3 things about me:

1. Jonathan believes that both the private and public sector are valid career paths
2. Outside of medicine, he is always on the lookout for good playgrounds to bring his kids to / fun things for kids to do in Singapore! (please tell me if you have any!)
3. His main medical interests are pleural medicine and intensive care

Short bio about mentor

Dr Jonathan Wong is a Respiratory Physician at Khoo Teck Puat Hospital with special clinical interests in Pleural Disease and Intensive Care Medicine. He obtained his Bachelor of Medicine and Bachelor of Surgery (MBBS) in 2017 from the NUS Yong Loo Lin School of Medicine and achieved his MRCP UK in 2020.

He subsequently joined NHG Health as an Internal Medicine Resident and entered Respiratory Medicine Subspecialty training in 2022. He served as Chief Resident for Respiratory Medicine in 2023 and was a member of the NHG Residents Council Executive Committee. He completed both his Specialist Certification Examination (SCE) in Respiratory Medicine and Specialist board accreditation in 2025.

Dr Wong maintains an active research portfolio through collaborative studies across NHG Health in pleural disease and outcomes research.

Dr Kalaiselvan Karthigaiyan



Institution: KTPH
Specialty: Advance Internal Medicine
Career Track: Near-Peer

3 things about me:

1. I am passionate about junior doctor wellness and burnout. Being aware of how difficult it is sometimes to talk about these issues, I hope to be able to provide a safe space to try to navigate these concerns.
2. Having spent a considerable part of my years in training without an actual 'five-year plan' or concrete long-term goal, I can relate quite naturally with the camps of the 'undecided' and 'not-particularly-ambitious'. I have however learnt the importance of making choices that allow for further exploration while ensuring continued personal/professional development during this process.
3. I am a strong proponent of finding reprieve through the pursuit of interests that are entirely non-medical. As a compulsive class-taker, this had led me to embark on formal regular lessons in French and Sanskrit just months prior to my exits.

Short bio about mentor

Dr. Karthigaiyan is an Associate Consultant in the Department of General Medicine at Khoo Teck Puat Hospital. He graduated from the National University of Singapore's Yong Loo Lin School of Medicine in 2017 and completed his postgraduate training through the National Healthcare Group (NHG) Internal Medicine residency program. He attained his MRCP (UK) in 2021 and MMed in Internal Medicine in 2022.

He completed his specialist training in Advanced Internal Medicine through the NHG AIM Senior Residency program, during which he served as chief resident. His clinical interests lie in the fields of acute and general medicine, quality improvement, and clinical education.

Dr. Karthi is also actively involved in teaching at both undergraduate and postgraduate levels and was recognized with the NHG Teaching Award for Junior Doctors in 2024.

Dr Koh Soon Hock



Institution: TTSH
Specialty: Urology
Career Track: Near-Peer

Dr Leow Yong Yang Oliver



Institution: NHGP

Specialty: Family Medicine

Career Track: Near-Peer

3 things about me:

1. I am currently undergoing the Fellowship Programme (FCFPS) for Family Medicine
2. My hobbies - Football and collecting figurines
3. I am keen to hear from and help anyone who is looking for Family Medicine as a career in the future, regardless of what they are keen to do in this field of medicine!

Short bio about mentor

Dr Oliver Leow Yong Yang is a Family Physician at NHG Khatib Polyclinic. Dr Leow graduated from University of Glasgow with an MBChB in 2017. He subsequently completed the Master of Medicine (Family Medicine) in 2024.

Dr Leow is currently part of the Gastrointestinal, Hepatopancreatobiliary Specialty Advisory Group.

Dr Man Shiu Yuen



Institution: TTSH
Specialty: Emergency Medicine
Career Track: Near-Peer

3 things about me:

1. I am currently the site lead for ED Hospital Clinicians
2. I have a special interest in Disaster Medicine
3. I enjoy the occasional karaoke session

Short bio about mentor

Dr Man graduated from YLLSOM in 2013 and rotated through ED, Anaesthesia and ICU during his MOPEX years. After serving as a Navy medical officer during NS, he joined NHG Emergency Medicine residency where he served as Chief Resident. Now an Associate Consultant in TTSH ED, he balances a rewarding work life with the joys of raising two children at home.

Dr Muhammad Faisal Bin Johandi



Institution: TTSH

Specialty: Geriatric Medicine

Career Track: Near-Peer

3 things about me:

4. Believes that being a doctor does not define my identity
5. Believes in active citizenry
6. Enjoys running and swimming

Short bio about mentor

Dr Faisal Johandi completed his Bachelor of Medicine and Bachelor of Surgery (MBBS) at the National University of Singapore in 2015. Thereafter, he completed his junior residency training in Internal Medicine, before pursuing further specialist training in Geriatric Medicine. In 2022, he completed his Master of Medicine (Internal Medicine) at the National University of Singapore. Dr Faisal also attained post-graduate diplomas and memberships to both the Royal College of Surgeons of Ireland and the Royal College of Physicians in the United Kingdom.

Dr Faisal contributes actively to medical education. He is a clinical tutor at both NUS Yong Loo Lin School of Medicine and NTU Lee Kong Chian School of Medicine. He was co-editor of a book on successful ageing titled "Hikmah Senja: A Collection of Advice and Stories to Age Gracefully".

Dr Faisal's commitment to healthcare extends beyond clinical practice; he plays an active role in the community as District Councillor and member of Healthy Living Sub-committee of Northwest CDC, Chairman of M3 @ Marsiling-Yew Tee and Project Lead of Gaya Sihat @ Marsiling-Yew Tee Health Programme. He also holds other leadership positions in various grassroots committees. His dedication to improving the health and wellbeing of older adults underscore his commitment to both medicine and community.

Dr Ng Zhi Guang



Institution: TTSH
Specialty: Gastroenterology & Hepatology
Career Track: Near-Peer

Short bio about mentor

Dr Ng Zhi Guang is a Consultant in the Department of Gastroenterology & Hepatology at Tan Tock Seng Hospital, Singapore. He completed his medical degree (MBBS) from the Yong Loo Lin School of Medicine, National University of Singapore in 2014 and obtained his Membership of the Royal College of Physicians (UK) and Master of Medicine (Internal Medicine) in 2018. He attained his specialist accreditation in Gastroenterology & Hepatology with NHG Health and was Chief Resident for the NHG Health Gastroenterology Programme in his final year of training. He holds several professional memberships including that of the American Gastroenterological Association (AGA) and the Gastroenterological Society of Singapore (GESS).

Dr Ng's clinical expertise encompasses a wide range of gastroenterological and hepatological conditions, with a subspecialty focus on Bariatric endoscopic procedures for the treatment of Obesity. Besides being proficient in various procedures including gastroscopy, colonoscopy and video capsule endoscopy, his particular interests lie in advanced procedures such as endoscopic sleeve gastropasty (ESG), gastric balloon implantation, and endoscopic salvage procedures for weight regain after bariatric surgery. He works closely with the Weight Management Clinic at Tan Tock Seng Hospital and is a member of the Singapore Association for the Study of Obesity. He has attained the Basic Obesity Management Accreditation (BOMA) and has completed the Practical Obesity Management Skills (POMS) course.

Dr Ng is committed to both undergraduate and postgraduate medical education, serving as Physician Faculty for the NHG Health Gastroenterology Residency Programme. He holds academic appointments as an Adjunct Lecturer at the Lee Kong Chian School of Medicine, Nanyang Technological University, and as a Clinical Lecturer at the Yong Loo Lin School of Medicine, National University of Singapore. His contributions to medical education and clinical practice have been recognised with awards including the NHG Health Teaching Award in 2019.

In addition to his active involvement in research and clinical trials, Dr Ng has contributed to several research publications and presentations in the field of Gastroenterology & Hepatology. He has spearheaded several quality improvement efforts within the department, including the nurse-led administration of rescue bowel preparation at the Endoscopy Centre.

Fluent in English, Mandarin and Teochew, Dr Ng is committed to providing his patients with high-quality care through patient education and evidence-based medicine.

Dr Rebecca Au Tian Mei



Institution: NHG
Specialty: Pathology
Career Track: Near-Peer

3 things about me:

1. I am a foodie.
2. I enjoy painting and arts.
3. I love animals and cats.

Short bio about mentor

Rebecca is a current pathology senior resident at TTSH, where she is undergoing specialized training in the diagnosis of diseases through the examination of tissue, organs, and bodily fluids. She has demonstrated a commitment to improving patient outcomes through a combination of diagnostic acumen and a deep understanding of pathology's role in precision medicine. She is also involved in medical education and mentoring, teaching medical students and junior residents in both clinical and laboratory settings.

Looking ahead, she aims to further develop expertise in gastrointestinal pathology as she is due to exit this year. Outside of medicine, she enjoys arts and painting and visiting museums.

Dr Reggie George John



Institution: TTSH

Specialty: Otorhinolaryngology

Career Track: Near-Peer

3 things about me:

1. Still trying to achieve work-life balance during residency, perhaps it'll be better once I exit - though the grind is made easier with good friends and bosses
2. I have 2 kids, had one before and one during residency. Balancing time with them and time at work is also an ongoing challenge - also made easier with a supportive spouse and family
3. At the end of the day, remembering my priorities and what's truly important makes it all worthwhile

Short bio about mentor

I'm Reggie, a ~~long suffering~~ ENT third year resident who enjoys helping juniors grow—both personally and professionally.”

Dr Shaam Achudan



Institution: NHG

Specialty: Orthopaedic Surgery

Career Track: Near-Peer

3 things about me:

1. Easy-going
2. Firm believer in hard work
3. Deeply passionate about sports (football, basketball, tennis) and anything Orthopaedic related!

Short bio about mentor

Local graduate of YLLSoM (class of 2016), finished my stint in the army before embarking on medical school

Started my Orthopaedic residency training in 2020

Have been working in various institutions from KTPH, TTSH, NUH, SGH and CGH as part of the Orthopaedic residency programme

Dr Sheena Phua Say Hoon



Institution: TTSH
Specialty: General Surgery
Career Track: Near-Peer

3 things about me:

1. Believes in the power of work-life balance, and that a fulfilling life outside of work is essential for mental well-being
2. Wanted to do Neurology as a student up till HO-days. Her advice is always that life as a student is worlds apart from life as a doctor, and our priorities changes along the way. So, take your time and don't rush into commitments—explore what truly resonates with you first.
3. She has a special fondness for Totoro, as anyone who knows her well would attest.

Short bio about mentor

Dr. Sheena Phua is a specialist surgeon at Tan Tock Seng Hospital in the General Surgery department, with an interest in breast surgery. She graduated from the National University of Singapore's Yong Loo Lin School of Medicine in 2016, making it to the Dean's List. After earning her Master of Medicine from NUS in 2021, Sheena completed her General Surgery specialty training in 2023 and became a Fellow of the Royal College of Surgeons in Edinburgh, UK, all in the same year. She's passionate about oncoplastic surgery and reconstruction, with a goal of improving patient outcomes through advanced surgical techniques. Outside of the operating room, Sheena is deeply involved in medical education. She's been actively teaching since her trainee days and now holds roles as clinical faculty at both NUS Yong Loo Lin School of Medicine and NTU Lee Kong Chian School of Medicine. Her dedication to teaching has earned her recognition with awards like the NUS Medicine Teaching Award in 2021 and the NHG Teaching Award for Junior Doctors in 2022.

Sheena is all about balance—whether it's working hard, staying active, or just kicking back. Outside of work, you'll most likely find her in the studio, either vibing along with the music in rhythmic cycling or finding her core and balance on the pilates reformer. They say endorphins are nature's little burst of happiness, good for both body and soul." After a solid workout or on those well-deserved lazy days, she'll be curled up on the sofa, humming her favourite tunes or binge-watching her shows. From thrillers to rom-coms, if it's got a great storyline, she's in. And then, there's karaoke—Sheena's ultimate weakness. Any time, any place, she's all in for belting out a song, whether she's got a microphone in hand or just singing along from the heart. Music is her happy place, and it's a huge part of the vibe she brings to everything she does.

Dr Teh Yuan Kai



Institution: KTPH
Specialty: General Medicine
Career Track: Near-Peer

3 things about me:

1. I'm an advanced open water diver
2. I love stand up comedy
3. I love beach, sea, mountain

Short bio about mentor

I'm Yuan Kai, newly minted nephrologist. I love online medical education via social media, podcasts, X (formerly known as twitter), bluesky etc.

Dr Ting Yang Lin



Institution: TTSH
Specialty: Geriatric Medicine
Career Track: Near-Peer

3 things about me:

1. Believes that small acts of kindness go a long way
2. Believes in the power of narrative medicine
3. Loves spending time with older adults!

Short bio about mentor

Dr Ting Yang Lin is an Associate Consultant at the Department of Geriatric Medicine, TTSH, with a subspecialty interest in cognition and memory disorders. Her other interests include advanced dementia, advance care planning and end of life care. Deeply passionate in providing holistic care for her older adults, she strongly believes in the need for good end-of-life care for patients. She is currently serving on the NHG Leaving Well Working Committee Sub-Committee that looks at early identification of palliative care needs in the community.

Beyond her clinical responsibilities, she is actively involved in both undergraduate and postgraduate medical education. She served as Chief Resident of the NHG Internal Medicine Junior Residency and Geriatric Medicine Senior Residency training programmes and currently holds appointments at NTU LKC School of Medicine and Yong Loo Lin School of Medicine, National University of Singapore. She will also be serving as a Core Clinical Faculty Member of the NHG Internal Medicine Residency Programme from this year onwards.

Outside of her professional life, Dr Yang Lin enjoys doing arts and craft (drawing and painting), spending time with church friends, and keeping active with Pilates and running. She is passionate about serving the less fortunate and vulnerable in society and is actively volunteering with Ambulance Wish Singapore, Lions befrienders and St Luke's ElderCare.

A/Prof Angela Chow



Institution: TTSH

Specialty: Epidemiology and Preventive Medicine

Career Track: Research and Innovation

3 things about me:

1. Passionate about evidence-based practice
2. Enjoy forging collaborations
3. Gratified when mentees succeed

Short bio about mentor

As a public health physician working in a hospital, I am often the “outlier” among peers. Nonetheless, the COVID-19 pandemic and the relentless assault by emerging and re-emerging infectious diseases (most recently, measles) have highlighted the important role that public health and preventive medicine physicians play in hospitals. I am passionate about infectious disease and healthcare epidemiology, and get the adrenaline rush whenever I investigate an infectious cluster and take evidence-based actions to protect our patients, staff, and visitors from getting infected. I enjoy using different epidemiological tools to solve the “mystery”.

As knowledge and perceptions shape behaviours, my ongoing research aims to elucidate and address psychosocial factors to promote good infection prevention behaviours, including the prudent use of antibiotics by healthcare professionals, patients, and the public at large.

On a personal note, I enjoy having a good cup of coffee with nice desserts, in the company of friends



A/Prof Barnaby Young



Institution: TTSH

Specialty: Infectious Diseases

Career Track: Research and Innovation

3 things about me:

1. Clinical trials of treatments and vaccines
2. Controlled human infection studies
3. Immunology and microbiology

Short bio about mentor

A/Prof Barnaby Young is a Senior Consultant in the Infectious Diseases department at Tan Tock Seng Hospital.

He is funded by the NHG Clinician Scientist Career Scheme to investigate the emergence of anti-microbial resistance in the gut during antibiotic treatment.

Asst Prof Bryan Tan Yijia



Institution: WH

Specialty: Orthopaedic Surgery

Career Track: Research and Innovation

Short bio about mentor

Dr Bryan Tan is a Consultant Surgeon-Scientist in Orthopaedic Surgery with expertise in trauma and upper extremity surgery. He has experience practicing both locally and overseas having done several fellowships internationally.

Fellowships/Observership:

1. Geriatric Fracture Centre, University of Rochester, New York under Professor Stephen Kates
2. Region's Hospital, Saint Paul, Minnesota under Professor Peter Cole
3. North Shore Hospital, Auckland under Dr Peter Poon

He has served as the Singapore Orthopaedic Trainee Committee (SOTC) President and has represented the Singapore Orthopaedic Association (SOA) as its Junior Ambassador. He is currently a clinical instructor of the Advance Trauma Life Support (ATLS) Course and a clinical tutor with both the Yong Loo Lin School of Medicine, NUS and the Lee Kong Chian School of Medicine, NTU.

Dr Tan is currently pursuing a PhD with a focus on health service research and implementation science having been awarded the prestigious NMRC Research Training Fellowship. He currently holds several research grants totaling more than S\$2 million as the principal investigator, most notably the NHG Population Health Grant for his project on the Collaborative Model of Care between Orthopaedics and Allied Healthcare Professional Trial (CONNACT) for knee osteoarthritis. He has been recognized for his research achievement with several awards such as the Singapore Young Investigator Award, Health Services Research (Gold).

Dr Tan has a strong interest in administration, health policy and public health. He currently sits on several cluster, national and international workgroups such the National Musculoskeletal Workgroup and Joint Effort Initiative. He is passionate about combining his interests in clinical medicine, research, public health and administration as a surgeon-scientist to use an evidence-based, data-driven approach to guide policy making and transform the care of musculoskeletal patients in Singapore and beyond.

Dr Clement Chia Luck Khng



Institution: KTPH

Specialty: General Surgery

Career Track: Research and Innovation

3 things about me:

1. Synergizing clinical expertise with research innovation and education opens a new realm of exciting opportunities that would otherwise not be possible
2. I am a very chill mentor and prefers informal mentoring sessions over a cup of coffee or food.
3. Innovation often involves expanding your network and working with individuals outside of our immediate medical circle that expands one's horizon and makes working life more interesting.

Short bio about mentor

Dr Clement Chia is Senior Consultant and Head of the Breast Surgery Service at Khoo Teck Puat Hospital, Singapore. He is expert in the management of breast cancer, particularly in elderly women, and is highly skilled in both breast-conserving surgery and oncoplastic techniques. His clinical expertise also includes thyroid and parathyroid disorders, and the comprehensive management of all benign and malignant breast diseases. Dr Chia is dedicated to providing patient-centered care, utilising innovative approaches to enhance surgical outcomes and quality of life for his patients.

Dr Chia was awarded the Team Human Manpower Development Plan Award by Ministry of Health Singapore and completed his overseas fellowship in Oncoplastic Breast Surgery at Royal Derby Hospital and Nottingham Hospital in the United Kingdom. In the UK, he also trained under Professor Kwok-Leung Cheung who is a world expert in breast cancer in older women and expanded his treatment repertoire to personalize care for older women with breast cancer. Dr Chia also spent significant time during his fellowship learning plastic surgery from reknown plastic surgeon Professor Visnu Lohsiriwat at Siriraj Hospital in Bangkok where he incorporated various plastic surgery techniques to optimise the cosmetic and post-operative wound outcomes of his patients.

Dr Chia is an outstanding clinician innovator and the recipient of the National Medical Research Council Research Training Fellowship Award in 2024. He was also awarded the Singapore Biodesign Innovation Fellowship in 2024, a national talent development program by A*STAR Singapore. In recognition of his contributions to advancing med-tech innovations, he received the Young Innovator of the Year Award 2024 from National Healthcare Group. One of his key innovation projects is REBORN (Redefining Education for Breast Oncology Reconstruction), a digital innovation that helps breast cancer patients make better informed choices for breast reconstruction. Dr Chia has also published over 60 research articles in medical journals and has been an invited speaker to conferences around the world. Locally, he has also written about breast cancer screening for Today Online and Lianhe Zaobao.

In addition to his clinical and research work, Dr Chia holds adjunct Assistant Professor faculty positions at Yong Loo Lin School of Medicine and Lee Kong Chian School of Medicine, where he has received numerous awards for his contributions to medical education, including the NUS Dean's Award for Teaching Excellence. His work in both clinical and academic spheres continues to shape the future of breast cancer treatment and surgical education.

Dr Eugene Fan Bingwen



Institution: TTSH

Specialty: Haematology

Career Track: Research and Innovation

3 things about me:

1. I work at the interface of medicine, technology, and implementation.

I am a practising haematologist, but much of my work sits at the boundary between clinical care, thrombosis and haemostasis, artificial intelligence, medical devices, and real-world translation. I enjoy helping mentees move from a clinical problem to a structured idea, and then toward validation, regulation, and implementation.

2. I think like both an editor and a builder.

My editorial work has taught me to value scientific rigour, clarity, and a strong academic narrative. My innovation work has taught me that good ideas also need to survive the realities of clinical workflow, patient safety, regulation, and adoption.

3. I value curiosity and originality

I am drawn to unusual questions, whether in thrombosis, haemostasis, AI morphology, medical humanities, or healthcare innovation. I encourage mentees to think creatively, but also to shape their ideas into work that is feasible, publishable, and clinically meaningful.

Short bio about mentor

As a consultant haematologist at Tan Tock Seng Hospital, Singapore and honorary haematologist at Northern Health (Victoria) Australia, my research interests are in AI-driven diagnostics, thrombosis and haemostasis, medical innovation, medical humanities and sustainability in healthcare. My work focuses on AI-enabled peripheral blood-film analysis, laboratory and clinical applications for thrombosis and haemostasis, and point-of-care and diagnostic medical devices that are supported by several filed patents. As a 2024 Singapore Biodesign Innovation Fellow and Centre for Healthcare Innovation (CHI) Faculty, I aim to translate evidence-based insights into scalable, patient-centred solutions. I serve as an associate editor for Seminars in Thrombosis & Hemostasis (STH), Research and Practice in Thrombosis and Haemostasis (RPTH), the Annals of Hematology and on the editorial board of the American Journal of Hematology. I am grateful to receive research funding from both the National Medical Research Council (Clinician Innovator Award – Senior Investigator), the National Health Innovation Centre and the Sumitomo Foundation (Japanese Art and Medicine).

Dr Joseph Lo Zhiwen



Institution: WH

Specialty: Surgery

Career Track: Research and Innovation

3 things about me:

1. Passionate about mentoring clinician-scientists in diabetic limb salvage, wound care, innovation and value-based healthcare.
2. Interested in translational research that bridges clinical care, AI, digital health and population health outcomes.
3. Enjoy collaborating on projects involving multidisciplinary care models, health services research and healthcare transformation.

Short bio about mentor

Dr Lo joined Woodlands Health in 2021 and is a firm believer in providing multi-disciplinary and patient-centric care, through the engagement, education and empowerment of patients and their caregivers. He is currently the Lead for Vascular Surgery and Vascular Diagnostic Laboratory at Woodlands Health.

He practises general and vascular surgery with special clinical and research interests in complex wound care, diabetic limb salvage, open and endovascular arterial revascularisation, chronic venous insufficiency endovenous surgery and iliac vein stenting, open and endovascular renal access surgery, as well as open and endovascular aortic repair. In addition, he is a clinical assistant professor for NUS Yong Loo Lin School of Medicine and clinical lecturer for NTU Lee Kong Chian School of Medicine, with more than 10 teaching awards received since 2010.

Dr Lo graduated from the University of Melbourne (Australia) and after completing his surgical training as the inaugural resident at NHG General Surgery Residency Program, he completed his vascular fellowship in the United Kingdom, training at both Leeds General Infirmary (Leeds) and St Thomas Hospital (London) in 2016. He also completed a visiting fellowship at Kings College Hospital Diabetic Foot Clinic (London) in 2019 and was awarded the Society of Vascular Surgery's prestigious International Scholars Program in 2020. He is currently a Fellow of the Royal College of Surgeons (Edinburgh), Academy of Medicine Singapore, American College of Surgeons and European Board of Vascular Surgery. He serves on the board for Chapter of General Surgery, College of Surgeons Singapore and is the Honorary Secretary for the Society of Vascular and Endovascular Surgeons of Singapore. He is currently Lead for NHG's Diabetic Foot in Primary and Tertiary (DEFINITE) Care and Co-chair for NHG's Wounds iCare Collaborative (WiCC) Workgroup.

Dr Lo is an innovator and clinician-scientist, with a passion in researching ways to improve healthcare delivery for cost-efficient and improved patient outcomes. He was awarded the NMRC Research Training Fellowship in 2020 to complete his PhD with NTU Lee Kong Chian School of Medicine, and has received more than S\$3 million in dedicated research funding with more than 65 publications till date.

Dr Michael Yam Gui Jie



Institution: TTSH

Specialty: Orthopaedic Surgery

Career Track: Research and Innovation

3 things about me:

Favorite 3 quotes -

1. If you cannot, you must can.
2. Do or do not, there is no try.
3. Pain is temporary, honor is forever.

Short bio about mentor

Michael Yam is a orthopaedic surgeon in Tan Tock Seng Hospital and specialises in trauma and adult construction. He exited from NHG orthopaedic residency as the first clinician scientist track resident.

Innovation has been a large part of Dr Yam's life and is the current Clinical Director and founder of the TTSH medical 3D printing center. He was also a recent fellow of the NHG Innovation fellowship 2022-2023.

Dr Yam is also a teacher and mentor to his residency juniors, overseeing a program to ready them for their upcoming MMed exams. In recognition for his efforts, Dr Yam was previously awarded the NHG teaching award for Junior doctors.

Dr Yam is also passionate about research. He was successful in the procurement of several grants of above 1.2mil as principal investigator. He has also been published in local and overseas journals and has presented his research in conferences of a global stage.

A/Prof Rupesh Agrawal



Institution: TTSH
Specialty: Ophthalmology
Career Track: Research and Innovation

Short bio about mentor

Associate Professor Rupesh Agrawal is a Senior Consultant, Head, Research and Clinician Scientist at the National Healthcare Group Eye Institute @Tan Tock Seng Hospital.

After completing his residency and fellowship in Uveitis and Ocular trauma from Sankara Netralaya, Chennai (1999-2003), he was a faculty member at Shri Ganapati Netralaya, Jalna (2003-2008) and L V Prasad Eye Institute, Hyderabad, India (2008-2009). After being awarded the NMRC overseas research training fellowship, he spent time at Moorfields Eye Hospital (MEH), London with Prof Carlos Pavesio and completed his MD (Res) training fellowship at Institute of Ophthalmology, University College London (UCL) (Nov' 2012 – Oct' 2014) and is now associated with Institute of Ophthalmology as Research Associate and as Honorary consultant with MEH. His clinical areas of expertise are ocular inflammatory disorders (uveitis) including ocular tuberculosis and HIV and ocular trauma.

He has published many articles in peer-reviewed journals and presented several papers, lectures on uveitis and ocular trauma. He is a recipient of numerous grants for basic-translational science projects pertinent to ocular inflammation and drug delivery. He is associated with Singapore Eye Research Institute (SERI) as Co-Head of Ocular infections and antimicrobials, with Lee Kong Chian School of Medicine, Nanyang Technological University (NTU) as Associate Professor and as Adjunct Associate Professor with Eye ACP Programme at Duke NUS Medical School.

His key research areas of interest are: Development of sustained release drugs for back of the eye. Novel biological markers for ocular inflammation. Characterising red blood cell behavior and its implications in diabetic retinopathy. Choroidal vascular imaging using index first published by him: Choroidal vascularity index.

He is currently secretary of International Society of Ocular trauma and Asia Pacific Ophthalmic Trauma Society. He was conferred with Healthcare Humanity Award by President of Singapore (2011) and President Volunteerism Philanthropy Award (PVPA) in 2018 for his humanitarian work across the island and Asia. He also serves as an examiner for Royal College of Surgeons and Physicians, Glasgow, UK.

Asst Prof Sabrina Wong Kay Wye



Institution: NHGP

Specialty: Family Medicine

Career Track: Research and Innovation

3 things about me:

1. I like to work on AI projects
2. I like to work with data
3. I like developing with implementation in mind

Short bio about mentor

Assistant Professor Sabrina Wong is Deputy Director of the Clinical Research Unit at NHG Polyclinics, and the Clinical Director of Primary Care and Family Medicine at the Lee Kong Chian School of Medicine. She is also a Family Physician, Senior Consultant and a Principal Clinician Scientist. She graduated from the National University of Singapore with an MBBS degree in 2001 and subsequently completed the M.Med (Family Medicine) and Fellowship of the College of Family Physicians. In 2022, she completed a PhD (Medicine) at the Lee Kong Chian School of Medicine focusing on young adults with type 2 diabetes.

To further enhance her expertise, Asst Prof Sabrina Wong was awarded the Human Manpower Development Award in 2023, which allowed her to complete an attachment at the Nuffield Department of Primary Care Health Sciences, University of Oxford. She received the NMRC HPHSR Clinician Scientist Award in 2024, and the NMRC Population Health Grant (Open) in 2025 for the development and evaluation of a digital health coach for weight management in type 2 diabetes. As a distinguished expert, Asst Prof Sabrina Wong is a Fellow of the College of Fellow of the Academy of Medicine, Singapore. She is the Chief Examiner of the Family Medicine Examination Committee and a part-time consultant with the Ministry of Health.

She previously served as Deputy Director in Clinical Services, where she was instrumental in implementing the Teamlet care model in NHG Polyclinics, which received the Excellence Champion Medal at the National Healthcare Innovation and Productivity Medals 2019. In 2021, she led a team in implementing tele-consultation services for the care of chronic conditions and received the Care Redesign Best Practice Medal (National Healthcare Innovation and Productivity Medals). Asst Prof Sabrina Wong is co-lead of the Research sub-committee under their NHG Diabetes and Metabolic Steering Committee, and co-lead of the education workgroup. Her team has developed health coaching interventions (PACT) and group education programs (GEM) for people with type 2 diabetes, which has received the Gold NHG Team Recognition Award in 2023 and the NHG Innovation Award (Gold) in 2024. These recognitions reflect her dedication to advancing medical excellence and improving patient outcomes.

Currently, she leads multi-disciplinary teams of clinicians and researchers, focusing on development and implementation of innovative and precision approaches to empower people with chronic medical conditions.

Dr Serena Low Kiat Mun



Institution: KTPH

Specialty: Clinical Research Unit

Career Track: Research and Innovation

3 things about me:

1. My research interests are diabetic complications, body composition and cognition.
2. I conduct quantitative research.

Short bio about mentor

Dr Serena Low has specialized training in the field of Public Health. She has a strong research interest in geriatric syndromes in type 2 diabetes and completed PhD (Medicine) in 2023.

Adj Asst Prof Shum Cheuk Fan



Institution: WH

Specialty: Urology

Career Track: Research and Innovation

3 things about me:

1. Urologist
2. MIS surgeon
3. PlayStation addict

Short bio about mentor

Dr Shum Cheuk Fan graduated from the National University of Singapore in 2003. He became a Member of the Royal College of Surgeons, Edinburgh (MRCSEd) in 2007, and was conferred Master of Medicine (MMed Surgery) in 2008. He was the inaugural Advanced Specialist Trainee in Urology when Khoo Teck Puat Hospital was accredited as a JCST Urology Training Center in 2011. He was a pioneer staff member involved in the migration from Alexandra Hospital to Khoo Teck Puat Hospital, and coordinated the setting up of key urology services such as extracorporeal shockwave lithotripsy and transrectal ultrasound guided prostatic biopsy. He attained his Fellowship of Academy of Medicine, Singapore (FAMS Urology) in 2016.

Dr Shum completed a Fellowship in Minimally Invasive Urology in Indiana University School of Medicine, Indiana, United States in 2017, which empowered him to perform urologic operations with least post-operative morbidities to his patients. His Fellowship status was recognized by the prestigious Endourological Society, which awarded him with the Advanced Clinical Training Certificate in Laparoscopic / Robotic Surgery. Upon his return to Singapore, he became a strong advocate for the use of laparoscopic surgery for many urologic conditions in Khoo Teck Puat Hospital and streamlined this service to meet international standards of care. The trifecta rate for laparoscopic partial nephrectomy soared to above 90%, and many new and complex laparoscopic operations became available. In Aug 2019, he was awarded the Youth Section Fellowship, jointly by the Urological Association of Asia and the European Association of Urology, for his efforts in transforming minimally invasive urology for patients without access to the surgical robot.

With subspecialty interest in kidney cancers, Dr Shum published multiple scientific papers on the treatment and outcomes of renal masses. His publications can be found in top-tiered medical journals, such as the Journal of Endourology, and featured in online resource platforms for healthcare professionals and patients, such as UroToday®. Some of his clinical research areas include intra-operative fluorescence for accurate tumor identification during partial nephrectomy, prediction of renal function, impact of tumor margin status, and survival after partial nephrectomy. Dr Shum is also an enthusiastic teacher. He has been appointed Adjunct Assistant Professor by the Yong Loo Lin School of Medicine, National University of Singapore, and Adjunct Lecturer by the Lee Kong Chian School of Medicine, Nanyang Technological University, since 2020. He served as examiners in various medical undergraduate and post-graduate examinations.

Prof Steven Thng Tien Guan



Institution: NSC

Specialty: Dermatology

Career Track: Research and Innovation

3 things about me:

1. Color blind but head the skin pigmentary disorders clinic
2. Spent my early years in medical missions
3. A clinician scientist hopeful

Short bio about mentor

Hi, I am Steven, a dermatologist masquerading as a clinician scientist, who not only battles skin woes but expertly navigate the complex world of family gatherings as the youngest of seven siblings. Despite being color-blind, I currently head the pigmentary disorders clinic, with a knack for turning skin blemishes into vanished memories. From a young age, nestled among a bustling and noisy household of 7 boys, I have learned the art of making my voice heard while tinkling with hand-me-downs has sparked my research genes, both of which I am using to my advantage in clinics, lab and conferences. When not in lab or clinic, I can be found savoring the finer things in life, namely wine, sake and good food. With a toast in one hand and a research paper in the other, I hope to make my mark in the world of dermatology, one cheerful sip and successful treatment at a time.

A/Prof Subramaniam Tavintharan



Institution: KTPH

Specialty: General Medicine

Career Track: Research and Innovation

3 things about me:

1. I used to serve as ADIO for NHG Residency from 2009-2016.
2. I am a father of two wonderful sons who are 27 years old this year.
3. I am blessed to be able to contribute back to the community and currently help with a free medical clinic.

Short bio about mentor

Tavintharan, MBBS (Singapore), FRCP (Edinburgh), MCI (NUS), FAMS (Endocrinology), graduated in Medicine from National University of Singapore in 1989. He is a Senior Consultant in the Diabetes Centre in Khoo Teck Puat Hospital (KTPH), and with specialist accreditation in Internal Medicine and Endocrinology. He is the Deputy Director of Clinical Research Unit in KTPH, involved in collaborative research both nationally and internationally. A/Prof Tavin also serves as co-chair for the NHG DM Steering Committee.

With a special interest in Lipidology and preventative cardiology, A/Prof Tavin runs the Lipid Clinics in his institution. He initiated the launch of the FH Registry in 2016 and set-up a collaborative program, the FHCARE to help to increase the awareness of FH, initially amongst healthcare professionals, towards reducing the rates of undiagnosed FH and increasing the rates of persons with FH receiving appropriate care. Singapore is part of the EAS-FH Study collaboration, with A/Prof Tavin serving as the National Lead for Singapore.

FHCARE setup up genetic screening and cascade testing for FH amongst the public care network in Singapore. This has been supported in 2022 by a Precision Health Research, Singapore (PRECISE)'s Clinical Implementation Pilot (CIP) competitive grant under the National Precision Medicine Program. This work aims aim for early diagnosis and appropriate management for people and families with FH, paving the way for personalized care.

A/Prof Sunny Wong Hei



Institution: TTSH

Specialty: Gastroenterology & Hepatology

Career Track: Research and Innovation

3 things about me:

1. I work at the interface of clinical medicine and scientific research. I am invested in mentoring clinician-scientists navigating biology, microbiome, and medicine.
2. I care deeply about working with people who are driven by genuine curiosity—because in the long run, it is that inner fire that sustains meaningful work.
3. I tend to believe that hesitation is often the right signal—so if you are unsure, that is precisely when I will encourage you to step forward.

Short bio about mentor

Dr Sunny Wong is a Consultant in the Department of Gastroenterology and Hepatology, and an Associate Professor at the Lee Kong Chian School of Medicine, Nanyang Technological University (NTU). He also serves as an Assistant Dean (Academic Medicine) and Director of the Centre for Microbiome Medicine at the Medical School.

His clinical and research interests focus on the gastrointestinal microbiome, particularly in context of digestive diseases and gastrointestinal cancers. He has led studies to investigate the clinical efficacy and safety of fecal microbiota transplantation, probiotic and live biotherapeutics. Dr Wong has published over 250 peer-reviewed articles in academic journals such as *Gastroenterology*, *Gut*, *Cell Host & Microbe*, and currently serves in the editorial boards of *Gut* and *Journal of Gastroenterology and Hepatology*.

He has been invited as a speaker to major international conferences including the Asia Pacific Digestive Week (APDW), United European Gastroenterology Week (UEGW), and American Society of Clinical Oncology (ASCO) Breakthrough. His works and contributions have been recognized with awards and lectureships, including the NHG-LKCMedicine Clinician Scientist Award, the Clarivate Analytics Highly Cited Researcher Award, the Seah Cheng Siang Memorial Lectureship, the Sir David Todd Lectureship, the APDW Emerging Leaders Lectureship.

A/Prof Tey Hong Liang



Institution: NSC

Specialty: Dermatology

Career Track: Research and Innovation

Short bio about mentor

Associate Professor Tey Hong Liang is a clinician-scientist, inventor, and entrepreneur. He serves as Clinical Director of the Centre for MedTech and Innovation at the National Healthcare Group, Clinical Co-Director of the Skin Research Programme at the Lee Kong Chian School of Medicine, Nanyang Technological University, and Senior Consultant Dermatologist at the National Skin Centre.

An NMRC Senior Clinician Scientist awardee, A/Prof Tey is ranked among the world's top 2% of scientists (by Stanford–Elsevier) and top 0.67% of scholars globally (by ScholarGPS). His work has led to the development of over 20 healthcare products that have been commercialised in more than 20 countries across four continents.

His contributions have been recognised through multiple awards, including the Exemplary Innovator at the Singapore Public Sector Transformation Awards and the National Healthcare Group Outstanding Citizenship Award.

Dr Xu Chuanhui



Institution: TTSH

Specialty: Rheumatology, Allergy & Immunology

Career Track: Research and Innovation

3 things about me:

1. **Focus on Research and Patient Care:**

My work centers on improving patient outcomes in rheumatology, particularly in areas like rheumatoid arthritis and systemic lupus erythematosus. I believe in the importance of integrating research with clinical practice to address gaps in patient care and hope to share this perspective with my mentees.

2. **Approach to Mentorship:**

I aim to provide a supportive environment that encourages independence and critical thinking. While I offer guidance and feedback, I also encourage mentees to take ownership of their learning and professional growth.

3. **Collaboration and Approachability:**

I see mentorship as a collaborative process and value open communication. I am always available to discuss challenges, share advice, or offer support. My goal is to help mentees grow as well-rounded clinicians and researchers while learning and growing alongside them.

Short bio about mentor

Dr. Xu Chuanhui is a consultant in the Department of Rheumatology, Allergy and Immunology at Tan Tock Seng Hospital. In 2012, he completed a collaborative M.D./Ph.D. program, earning his M.D. from Peking University, China, and his Ph.D. from the University of Groningen, the Netherlands. Since relocating to Singapore in 2014, Dr. Xu has achieved Membership of the Royal Colleges of Physicians (MRCP, UK) in 2016 and Fellow of the Academy of Medicine, Singapore (FAMS) in 2022. During his rheumatology training (Clinician-Scientist track), he was acknowledged with the National Outstanding Clinician Scientist Resident Award 2020 from the National Medical Research Council (NMRC).

With a committed focus on research, Dr Xu has a good track record of publications in peer-reviewed journals and successfully obtained several competitive research grants. He is actively involved in the national and international scientific community. He contributes as a member of the Asia Pacific League of Associations for Rheumatology (APLAR) rheumatoid arthritis special interest group, the APLAR Young Rheumatologist Board, and Asia Pacific Lupus Collaboration. Additionally, he is involved in various committees that focus on the development of guidelines and recommendations for managing rheumatic diseases. He is the co-investigator of several international clinical trials.

He holds teaching appointments at both Yong Loo Lin School of Medicine (National University of Singapore) and Lee Kong Chian School of Medicine (Nanyang Technological University of Singapore), actively contributing to both undergraduate and postgraduate medical education. Additionally, he is involved in improving patient care quality as the department's quality review officer.

Publication list: <https://scholar.google.com/citations?user=Dv7-BxUAAAJ&hl=en>

Dr Abdul Kareem Saleem Ahmed



Institution: TTSH

Specialty: General Surgery

Career Track: Residency Programme Director

3 things about me:

1. **Passion for Clinical Innovation and MedTech**

I am interested in advancing clinical practices through innovation and exploring the potential of medical technology to improve patient care.

2. **Family Life**

I am married to an anaesthetist, and together we share the joys and challenges of raising three wonderful children while navigating our careers in healthcare.

3. **Rediscovering a Love for Squash**

After many years, I've recently taken up squash again, a sport I loved and played competitively during my school days. It's been a rewarding way to reconnect with fitness and balance work with recreation.

Short bio about mentor

Dr Saleem Ahmed graduated from Yong Loo Lin School of Medicine, National University of Singapore in 2010 and was awarded the Gold Medal in medical ethics. He commenced General Surgery Residency Training in National Healthcare Group in 2010. He successfully completed his residency training in 2018 and undertook the Joint Speciality Fellowship Examination in General Surgery and was admitted as a fellow of the Royal College of Surgeons of Edinburgh. He successfully completed a Royal College of Surgeons accredited overseas fellowship in St Richard's Hospital, United Kingdom as a senior clinical fellow in bariatric surgery.

Dr Saleem is actively involved in clinical research as well as undergraduate and postgraduate teaching. He is an instructor of Advanced Trauma Life Support (ATLS) course. He is the Program Director for Surgery-in-General residency, National Healthcare Group as well as senior clinical lecturer at the Yong Loo Lin School of Medicine, National University of Singapore. He serves as an adjunct lecturer and surgical lead for Year 5 at the Lee Kong Chian School of Medicine, Nanyang Technological University of Singapore. Dr Saleem was awarded NHG teaching excellence award in 2021. He is the co-investigator for multiple clinical trials and has published multiple peer-reviewed manuscripts on gastric cancer, metabolic/bariatric surgery, and clinical innovation.

Dr Saleem is member of the hospital's weight management service and serves as mentor for the hospital's Clinical Practice Improvement Program. He is also a member of the Obesity and Metabolic Surgery Society of Singapore (OMSSS) and International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO).

Dr Audrey Wee Chuan Rui



Institution: KTPH
Specialty: General Medicine
Career Track: Residency Programme Director

Short bio about mentor

Dr Audrey Wee graduated from Yong Loo Lin School of Medicine, NUS in 2010 and completed her specialist training in Respiratory Medicine and Intensive Care Medicine in 2019 and 2021 respectively. She is currently a Consultant in Respiratory Medicine and Intensivist with the Respiratory and Critical Care (RCCM) section at Khoo Teck Puat Hospital (KTPH).

Her clinical interest lies in pleural diseases, with a focus on diagnostic and procedural care for patients with pleural effusions and other pleural pathologies.

Beyond her clinical work, Dr Wee is actively involved in medical education and postgraduate training. She serves as the Program Director of the PGY1 Program at KTPH, where she is involved in the transition, mentorship, and professional development of newly graduated doctors. She is also a clinical tutor with both the NUS Yong Loo Lin School of Medicine and the NTU Lee Kong Chian School of Medicine.

Dr Bundele Manish Mahadeorao



Institution: TTSH

Specialty: Pathology

Career Track: Residency Programme Director

3 things about me:

1. I have been learning pathology for last 25 years and it doesn't seem to stop; so it's an ongoing process
2. I do fail more than I win
3. I believe with clarity and commitment, any goal is achievable for everyone, so it's good to know yourself well -what interests you, try it and see if you can commit to what needs to be done to achieve your goal.

Short bio about mentor

Dr. Manish M Bundele is a Senior Consultant Pathologist in the Department of Pathology, Tan Tock Seng Hospital, Singapore. He graduated from the Nagpur University, India in 1998), pursued postgraduate training in Pathology. He is a Fellow of the Royal College of Pathologists of UK since 2012. He was awarded the prestigious Ministry of Health Scholarship for fellowship training and underwent a 6-month Head and Neck pathology training at UPMC, University of Pittsburgh, USA in 2016 under the tutelage of Professor Raja Seethala. He practices general Histopathology with a subspecialty interest in Head and Neck Pathology. He participates in postgraduate teaching and does collaborative research with UPMC in head and neck pathology and related molecular pathology. He believes in keeping abreast with the latest evidence-based medicine, and is committed to furthering the understanding of diseases through clinical audit and research. He has contributed to this through multiple international peer-reviewed scientific journal publications, presentations at both local and overseas conferences, and co-authoring of book chapter/s. He is also reviewer of multiple international pathology journals for head and neck subspecialty such as International Journal of Surgical Pathology, Histopathology, Journal for Clinical Pathology and Diagnostic Pathology. He is also passionate about teaching and nurturing the next generation of doctors. He currently serves as an Adjunct Clinical Faculty at the Lee Kong Chian School of Medicine (Nanyang Technological University).

Dr Chong Khai Beng



Institution: TTSH

Specialty: Otorhinolaryngology

Career Track: Residency Programme Director

3 things about me:

1. I have studied and worked in Malaysia before doing my specialist training in Singapore.
2. I prefer Zoom/Teams over face
3. Research is not my strength.

Short bio about mentor

Dr Chong Khai Beng is an Otorhinolaryngology (Ear, Nose & Throat) Senior Consultant at Tan Tock Seng Hospital who specializes in sleep medicine and obstructive sleep apnea surgery. He completed his advanced specialist training in Otorhinolaryngology in 2015 and hands-on fellowship training in transoral robotic surgery and sleep disordered breathing surgery with Professor Claudio Vicini in Italy in 2016. Dr Chong subsequently obtained Master of Science in Sleep Medicine under University of Oxford in 2020. Dr Chong is active in medical education and is an Adjunct Assistant Professor & Clinical Educator at Yong Loo Lin School of Medicine, National University of Singapore. He is also an Adjunct Clinical Faculty at Lee Kong Chian School of Medicine, Nanyang Technological University. Dr Chong is currently the Programme Director for Otorhinolaryngology for National Healthcare Group Residency.

Dr Clarabella Liew Wei Ting



Institution: TTSH

Specialty: Anaesthesiology

Career Track: Residency Programme Director

3 things about me:

1. I enjoy finding calmness in chaos.
2. If I ask how you are, I truly want to know.
3. It is okay not to have all the answers all the time – if we did, Google would not exist.

Short bio about mentor

Dr Clarabella Liew is an Anaesthesiologist and Intensive Care Consultant at Tan Tock Seng Hospital. She serves as the Programme Director for the NHG Anaesthesiology Residency. Her professional interests include perioperative care of high-risk and critically ill patients, as well as medical education and development. She is also the BASIC course convenor and faculty member at YLLSoM and LKCMedicine.

Dr Daphne Yang Zihui



Institution: TTSH

Specialty: Geriatric Medicine

Career Track: Residency Programme Director

3 things about me:

1. I love tea (especially green & oolong) and enjoy collecting teaware
2. My childhood ambition was to be a veterinarian
3. I used to learn languages (French, some Japanese, some Spanish) and felt that it provided a window to new experiences, cultures and perspectives. Hope to pick up this again when less busy with clinical work/the kids in future to keep myself actively ageing and reduce cognitive frailty!

Short bio about mentor

I am a geriatrician who is interested in improving the health and function of older adults, and have a special interest in sarcopenia management and falls prevention. I also wear the hat of programme director for the Post-Graduate Year 1 programme in TTSH. Outside work, I am a mother to two active and sunshine boys and enjoy yoga/pilates/an occasional swim.

Dr Hong Qiantai



Institution: TTSH

Specialty: General Surgery

Career Track: Residency Programme Director

3 things about me:

1. Appreciates face to face interaction
2. Better at listening than talking
3. Even better at buying you a drink

Short bio about mentor

Dr Hong Qiantai graduated from National University of Singapore (NUS) in 2010. Upon graduation, he began General Surgery Residency training as the inaugural batch of the National Healthcare Group (NHG) Residency Programme. During his training, he also served as the President of the NHG Residents' Council between 2016 to 2017.

Dr Hong received his Master of Medicine (Surgery) from his alma mater. He has been accredited as a specialist by the Ministry of Health, Singapore since 2018, having passed the Joint Specialty Fellowship Examinations in General Surgery and exited as a Fellow of the Royal College of Surgeons of Edinburgh.

Dr Hong enjoys the dynamic nature of clinical practice as well as working as a team. His subspecialty interest lies in Vascular and Endovascular Surgery. He is a keen educator, serving as clinical faculty and examiner to both the NUS School of Medicine and the Lee Kong Chian School of Medicine. He is also currently the Associate Programme Director for the NHG General Surgery Residency Programme.

Dr Huang Wenhui



Institution: TTSH

Specialty: General Medicine

Career Track: Residency Programme Director

3 things about me:

1. I am pretty forthcoming when mentoring/advising
2. I truly believe that everyone is different and we should respect stylistic differences even as we curate a list of desirable qualities we want our trainees to have
3. I don't bite

Short bio about mentor

Hi there! I am an General Medicine physician by training. Out of clinical work, I am heavily involved in undergraduate and postgraduate education. With that in mind, I am generally well placed to provide some form of longitudinal mentorship.

Dr Jason Chan Meng Huey



Institution: NHGP

Specialty: Family Medicine

Career Track: Residency Programme Director

3 things about me:

1. My background would be in public primary care.
2. I am SC on the DISC scale
3. I would prefer to meet face to face rather than on zoom for the sessions

Short bio about mentor

Jason is an accomplished medical professional currently serving as the Assistant Director in the Family Medicine Development Department. With a robust background in clinical work and medical education, he has been instrumental in shaping the future of family medicine in Singapore.

Since 2002, Jason has been actively involved in the management of patients within hospital settings and is currently engaged in general clinic and family physician clinics at NHGP-Geylang Polyclinic. His extensive experience includes supervising residents in clinical work, assessments, program planning, and evaluation.

In addition to his clinical responsibilities, Jason has made significant contributions to medical education. He has been a Clinical Tutor at LKC School of Medicine since 2018 and has held various roles in postgraduate education, including Programme Director for the NHG Family Medicine Residency Programme since July 2020 and a Graduate Diploma in Family Medicine (GDFM) tutor. His commitment to education is further exemplified by his role as Chair of the NHG Residency Dismissal Review Committee and as an Adjunct Faculty member at NHG College.

Jason's leadership extends to organizational roles, where he has served as the Deputy Head of Geylang Polyclinic and as the Deputy Advisor for the Respiratory Specialist Advisory Group. He is also the Co-Chair of the NHG COPD Respiratory Workgroup. His dedication to improving healthcare delivery has earned him several accolades, including the NHG Teaching Award for Senior Doctors in 2019 and the NHGP Best Family Medicine Trainer Award in 2020.

Outside of his professional life, Jason is married and actively participates in his community by co-leading a missional cell in his church and mentoring couples. He enjoys spending time with his family and has a penchant for collecting toys, often indulging in this hobby.

With a strong foundation in family medicine, Jason holds multiple degrees, including a Master's in Medicine (Family Medicine) and a Master's in Health Professionals Education. He is also a Fellow of the College of Family Physicians (Singapore).

Jason is passionate about advancing the field of family medicine through education, mentorship, and innovative healthcare practices.

Dr Jason Chia Kok Kiong



Institution: TTSH

Specialty: Sports Medicine

Career Track: Residency Programme Director

3 things about me:

1. I'm a sports physician
2. I'm not a family physician
3. I'm programme director for Sports Medicine

Short bio about mentor

Dr Jason Chia graduated from the National University of Singapore (1998) and obtained his post-graduate specialist degree, Masters of Sports Medicine from Australia (2002). He has worked as Assistant Director in Singapore Sports Council (Sports Medicine and Research Center) as well as a Consultant Sports Physician in Changi General Hospital and is currently head of the Sports Medicine and Surgery Clinic in Tan Tock Seng Hospital.

As a Consultant Sports Physician, he was involved with sports injury management, fitness testing and exercise prescription, weight management, and extracorporeal shockwave therapy as well as gait analysis.

He has also been involved in the writing and publication of a handbook for exercise prescription for general practitioners (Prescribing Exercise: A Handbook for Medical Practitioners) and has served as the President, Vice-President and Honorary Secretary of the Sports Medicine Association of and the Secretary of the Sports Medicine Special Interest Group. Dr Chia's areas of clinical research include ESWT (extracorporeal shockwave therapy) as well as biomechanical research.

He has been the Medical Director for sports events including the OSIM triathlon, the Aviva Ironman and the HSBC wakeboarding championship as well as the sports medicine advisor to the medical committee for the inaugural Asian Youth Games and Youth Olympics Games. Currently, Dr Chia is a member of the Singapore National Olympic Council Olympic Medical Committee.

Dr Chia is interested in multi-discipline endurance sports and has completed the Ironman triathlon and now runs marathons as a hobby. As an extension of his interest in endurance sports, his professional interest also includes looking at running patterns and injury prevention and treatment. His current passion is in golf and he has a professional interest in golf injury and swing analysis

Dr Joyce Yap Kwee Yong



Institution: TTSH

Specialty: Continuing and Community Care / Geriatric Medicine

Career Track: Residency Programme Director

3 things about me:

1. I am a geriatrician by training. My passion lies in community geriatrics. I am interested in the gaps and overlaps – between acute hospital practice and medicine in the community; between healthcare and social determinants of health. While I enjoy working at these transitional points, figuring out the role of a geriatrician in these spaces has been a continuous journey.
2. I am actively involved in health professions education. The underlying ethos of education resonates with me, which I believe is: To enable individuals to be the best version of themselves.
3. I enjoy sports and reading. One of my favourites lines is: “A story is never an answer. A story is always a question.”

Short bio about mentor

Dr Joyce Yap has an interest in community geriatrics especially transitional care, exercise medicine in the management of chronic diseases and medical education. She is passionate about expanding the possibilities and looking at the gaps in health and healthcare delivery in the community via conversation, collaboration and scholarship.

A/Prof Koh Nien Yue



Institution: TTSH
Specialty: General Medicine
Career Track: Residency Programme Director

3 things about me:

4. I am a coffee addict
5. I prefer self-guided tour compared to guided tour
6. I like to sing

Short bio about mentor

Associate Professor Koh Nien Yue graduated in 1994 with MBBS from the National University of Singapore and obtained her MRCP (United Kingdom) from the Royal College of Physicians in 1998. She has been accredited as a specialist in Internal Medicine and in Palliative Medicine by Specialist Accreditation Board, Singapore since 2002 and 2010 respectively. She obtained her Master of Science (MSc) in Health Professions Education from the Massachusetts General Hospital Institute of Health Professions in 2013. She is currently a Senior Consultant at Tan Tock Seng Hospital.

Besides clinical interests, A/Prof Koh has been actively involved in the education of medical students, nurses, allied health, house officers, medical officers, residents and senior residents. She was the Programme Director of the NHG Internal Medicine Residency Programme from 2010 to 2014, Assistant Dean in Lee Kong Chian School of Medicine from 2018 to 2024 and is currently the Programme Director of the national Palliative Medicine Integrated Programme.

Dr Kwok Jia Lun



Institution: TTSH
Specialty: Urology
Career Track: Residency Programme Director

3 things about me:

1. Interested in mentoring and providing development advice for Junior doctors
2. Opportunity for mentoring in research
3. Passionate about endourology

Short bio about mentor

Dr Jia Lun KWOK is a Consultant with the department of Urology at Tan Tock Seng Hospital.

He graduated from the National University of Singapore (NUS) Medicine. He completed specialist training with the Transitional Year Residency and Urology Residency Programs under the National Healthcare Group and received an Outstanding Resident Award. He is a member of the Royal College of Surgeons of Edinburgh, and a Fellow of the Academy of Medicine Singapore (Urology) as well as the Royal College of Physicians and Surgeons of Glasgow. He holds a Master of Science in Management of Healthcare Industries.

His areas of interest within Urology are endourology, stone disease, prostate conditions and minimally invasive surgery. Dr Jia-Lun Kwok was awarded the Healthcare Manpower Development Plan (HMDP) scholarship. He finished one year of Clinical Fellowship in Endourology under Associate Professor Dr Etienne Xavier Keller at University Hospital Zurich (Switzerland), receiving advanced training in endourology, including stone and prostate surgery. He has also visited many Endourology centres of excellence worldwide to learn surgical techniques.

Dr Kwok is the current Program Director of the NHG Urology Residency Program. He also holds teaching appointments as Clinical Lecturer with Yong Loo Lin School of Medicine, National University of Singapore (NUS); as well as Clinical Teacher and Content Expert with Lee Kong Chian School of Medicine, Nanyang Technological University (NTU). He is a recipient of the NHG Teaching award and is active in undergraduate and postgraduate medical education. As a keen researcher, he has published various peer-reviewed papers in respected journals with international collaborations, and is also a regular reviewer for journals.

Dr Lau Boon Jia



Institution: IMH
Specialty: Psychiatry
Career Track: Clinical Education

3 things about me:

1. I appreciate the complexities of the challenges that our residents face as they navigate their training amid coping with other commitments in a very competitive society.
2. I am also quite a pragmatist.
3. With my own experience as a resident, having worked with residents for the past few years, and what I've learned from people from all walks of life as a psychiatrist, I can offer advice and support which can be helpful for their wellness and growth.

Short bio about mentor

Professional Introduction

Hi, I'm Boon Jia, the Program Director for a psychiatry residency program in Singapore. I've just taken on this role recently in 2024. Over the years, I've found a passion for mentoring and supporting residents as they navigate the challenges and rewards of a career in psychiatry. I enjoy developing new approaches to tackle the challenges within our residency programme, such as enhancing our training program's curriculum and ensuring that our residents are well-prepared to meet the evolving needs of mental health care locally and internationally.

Apart from my key focus area in postgraduate medical education, I also lead the Anxiety Service in the Institute of Mental Health, where we have an OCD clinic and a PTSD service, working with dedicated multidisciplinary teams to improve care for our clients and patients.

A Bit About Me Personally

Outside of work, I'm a husband and a father to two wonderful daughters, ages 4 and 2. Family time is a top priority for me, and we enjoy traveling together, especially on scenic and kid-friendly trips such as a recent trip to Perth. I'm also a watch enthusiast, much to the curiosity (and often dismay) of my friends who listen to me go on and on about horological musings. When I have downtime, I love reading a variety of non-fiction books on my trusty Kobo Clara Colour.

Dr Liew Hung Tze Michelle



Institution: WH

Specialty: Post Acute & Rehabilitative Care (PARC)

Career Track: Residency Programme Director

Short bio about mentor

Dr Liew specialises in Rehabilitation Medicine and Acute Medicine with special clinical interests in spinal cord injury, amputee and musculoskeletal rehabilitation.

Dr Liew graduated with a MbChB (UK) from the University of Dundee in 2008.

Dr Liew is passionate about medical education and improving a patient's life after trauma, particularly after spinal cord injury and amputation.

Dr Liew speaks English, Mandarin and Malay.

Dr Low Hsien Min



Institution: TTSH

Specialty: Diagnostic Radiology

Career Track: Residency Programme Director

3 things about me:

1. I enjoy going for long runs in my free time.
2. I dread speaking in public.
3. Would probably have played computer games full time if I did not enter medicine

Short bio about mentor

I graduated from NUS in 2009 and finished my residency in Diagnostic Radiology in 2017. My subspecialty is in abdominal radiology, with a special interest in hepatobiliary imaging.

Dr Melissa Tien Chih Hui



Institution: TTSH

Specialty: Ophthalmology

Career Track: Residency Programme Director

3 things about me:

1. Music
2. Walking my dog
3. Cooking

Short bio about mentor

Dr Melissa Tien is a Senior Consultant with the National Healthcare Group Eye Institute @ Tan Tock Seng Hospital. Her areas of clinical interest include Neuro-ophthalmology, Visual Electrophysiology, Cataract and General Ophthalmology.

Dr Tien underwent a 12-month fellowship at the Royal Melbourne Hospital and the Royal Victorian Eye and Ear Hospital, Melbourne, where she trained in Neuro-ophthalmology and Visual Electrophysiology under the supervision of A/Professor Owen White, Dr Neil Shuey and Dr Heather Mack. She also had the privilege of training in Visual Electrophysiology under Professor Graham Holder at Moorfields Eye Hospital, London. Her research work includes the use of the ocular-motor system as a surrogate marker of cognitive inhibitory impairment and the characteristics of patients with visual snow syndrome.

Dr Tien currently serves as Programme Director for the NHG Ophthalmology Residency Programme, overseeing post-graduate ophthalmology training for the National Healthcare Group. She is also Head of Training & Education for the National Healthcare Group Eye Institute @ Tan Tock Seng Hospital, and Clinician Lead for the Visual Electrophysiology service.

Dr Mucheli Sharavan Sadasiv



Institution: TTSH

Specialty: Infectious Diseases

Career Track: Residency Programme Director

3 things about me:

1. I try often, and I fail often. I've found that my failures have been a lot more instructive than the successes.
2. I am not entirely sure how I ended up putting brain scanners on doctors to watch them think. Medical education, it turns out, will take you to strange and wonderful places if you let it.
3. I am working on being a little bit kinder each day. Some days go better than others. The attempt should count for something?

Short bio about mentor

Dr Mucheli is a Senior Consultant in Infectious Diseases at Tan Tock Seng Hospital and the National Centre for Infectious Diseases, Programme Director of the NHG ID Residency, and Assistant Professor (Clinical Practice) at LKCMedicine, NTU.

He co-directs the AINE AI-in-Education initiative at NHG Group Education, working at the intersection of artificial intelligence and clinical teaching. His interests within health professions education include clinical reasoning, adaptive expertise, and AI pedagogy. As part of his doctoral studies, he studied how clinicians reason under time pressure using brain imaging and physiological monitoring.

Dr Ng Wei Xiang



Institution: TTSH

Specialty: Emergency Medicine

Career Track: Residency Programme Director

3 things about me:

1. I believe attitude is more important than aptitude in a trainee
2. I believe that less is more - processes / workflows / procedures should be as simplified as possible.
3. I dabble in a lot of hobbies (e.g photography, Lego, Gundam model building, gaming etc) but I'm not that great in any of them (just like Emergency Medicine >__<)

Short bio about mentor

Dr Ng Wei Xiang graduated from NUS Yong Loo Lin School of Medicine in 2010. He obtained his Masters Of Medicine (Emergency Medicine) in 2015 and was accredited as a specialist in Emergency Medicine in 2017. Dr Ng currently practices in the Emergency Department of Tan Tock Seng Hospital as a Consultant Emergency Physician and is the Programme Director for NHG Emergency Medicine Residency. He has a special interest in Emergency Critical Care and believes in pushing the boundaries of the care of critically-ill patients in the ED.

Dr Ray Lai Tian Rui



Institution: TTSH

Specialty: Endocrinology

Career Track: Residency Programme Director

3 things about me:

1. Navigating burnout - I have been there before.
2. Leading and collaborating well within teams - I have made mistakes before.
3. Being a Christian in the workplace - I am one.

Short bio about mentor

Ray spends half his time as a consultant in the TTSH Endocrinology department, and the other half of his time (and most of his energy) is spent with his wife, dedicated to the survival of their two toddlers.

He enjoys movies and music in his free time, and knows a lot about the Singapore Zoo because the kids keep dragging him there.

At work, his main interest is in educating undergraduates, allied health professionals and senior residents - and he holds education appointments in these areas.

Dr Raymond Liang Fueng Hin



Institution: TTSH

Specialty: Gastroenterology & Hepatology

Career Track: Residency Programme Director

3 things about me:

1. I believe mentorship is a two-way street.
2. My favorite sport is basketball.
3. I enjoy a good glass of wine (red preferably).

Short bio about mentor

I am a consultant gastroenterologist from the Department of Gastroenterology and Hepatology, Tan Tock Seng Hospital, Singapore. I am also serving as the current Programme Director of the National Healthcare Group Gastroenterology Senior Residency programme. I have subspecialty interests in inflammatory bowel disease and the application of artificial intelligence in endoscopy.

Adj Asst Prof Remesh Kunnasegaran



Institution: TTSH

Specialty: Orthopaedic Surgery

Career Track: Residency Programme Director

3 things about me:

1. I will teach you how to survive medicine.
2. I will teach you that there is life outside medicine
3. All our meetings will likely be over a pint.

Short bio about mentor

Adjunct Assistant Professor Remesh Kunnasegaran serves as a senior consultant in the Department of Orthopaedic Surgery, with a specialization in Adult Reconstruction and Joint Replacement Surgery. Dr Remesh has a keen interest in robotic-assisted surgeries, as well as complex and revision procedures around the hip and the knee. He also serves as the Programme Director for the NHG Orthopaedic Surgery Residency Programme.

Dr Remesh graduated from the University of Glasgow in 2008 and completed his Orthopaedic training in 2018. He served as the Chief Resident in 2015 and completed the Singapore Chief Resident Programme in 2017. He was also awarded the Best Junior Resident and Best Senior Resident awards in 2014 and 2016 respectively.

Dr. Remesh received the Health Manpower Development Plan award from the Ministry of Health, allowing him to pursue sub-specialty training in Perth, Australia.

During this time, he gained valuable experience in advanced robotic techniques and the intricacies of complex hip and knee surgeries. Additionally, he had the opportunity to collaborate with Dr. Adolph V. Lombardi Jr in New Albany, Ohio, where he participated in complex hip and knee surgeries.

Dr Remesh has been recognized with numerous awards throughout his career, including the NUS Dean's Honour Roll for Teaching Excellence and the NHG Best Teacher's award in 2022.

In addition to his clinical and teaching roles, Dr Remesh has a robust research portfolio, with contributions to various esteemed journals and conferences. He is an active member of several professional bodies, including the Singapore Orthopaedic Association, and is a Board Member in the Chapter of Orthopaedic Surgeons, Academy of Medicine.

Dr Samuel Lee Shang Ming



Institution: TTSH

Specialty: Rheumatology

Career Track: Residency Programme Director

3 things about me:

1. My clinical work sits at the intersection of rheumatology, clinical immunology and allergy, with a particular interest in complex or “overlap” conditions such as autoinflammatory diseases and immune dysregulation. I enjoy helping trainees approach diagnostic uncertainty in a structured way.
2. As Programme Director for the NHG Rheumatology Senior Residency Programme and a medical school educator, I am keen to support early career doctors in navigating training pathways, building clinical depth, and developing their own areas of interest.
3. I aim to provide a supportive and practical mentoring environment—whether you’re exploring specialty choices, portfolio development, or simply thinking through your next steps. I’m always happy to have open, informal conversations.

Short bio about mentor

Dr Samuel Lee obtained his basic medical degree in 2012 from the National University of Singapore and obtained his postgraduate degree in Internal Medicine in 2016. He was accredited as a specialist in Rheumatology and admitted as a Fellow of the Academy of Medicine Singapore in 2020. In 2023, he completed further speciality training in Clinical Immunology and Allergy. He was awarded the Tan Tock Seng Hospital Training and Development Award in 2024 and completed a clinical fellowship in Autoinflammatory Diseases and Inborn Errors of Immunity at the Royal Free Hospital in London, United Kingdom.

His clinical practice encompasses the overlapping specialities of rheumatology, clinical immunology and allergy, and the application of clinical genetics in these areas. He has a special interest in treating patients with autoinflammatory, immunodeficiency and primary immune regulatory disorders.

Dr Lee is the current Programme Director of the NHG Health Rheumatology Senior Residency programme. He is also an educator with the Yong Loo Lin School of Medicine and the Lee Kong Chian School of Medicine. He has served on the executive committees of professional societies such as the Singapore Society of Rheumatology and the Allergy and Clinical Immunology Society of Singapore.

Prof Steven Thng Tien Guan



Institution: NSC

Specialty: Dermatology

Career Track: Residency Programme Director

3 things about me:

4. Color blind but head the skin pigmentary disorders clinic
5. Spent my early years in medical missions
6. A clinician scientist hopeful

Short bio about mentor

Hi, I am Steven, a dermatologist masquerading as a clinician scientist, who not only battles skin woes but expertly navigate the complex world of family gatherings as the youngest of seven siblings. Despite being color-blind, I currently head the pigmentary disorders clinic, with a knack for turning skin blemishes into vanished memories. From a young age, nestled among a bustling and noisy household of 7 boys, I have learned the art of making my voice heard while tinkling with hand-me-downs has sparked my research genes, both of which I am using to my advantage in clinics, lab and conferences. When not in lab or clinic, I can be found savoring the finer things in life, namely wine, sake and good food. With a toast in one hand and a research paper in the other, I hope to make my mark in the world of dermatology, one cheerful sip and successful treatment at a time.

Dr Tan Chong Keat



Institution: TTSH

Specialty: Cardiology

Career Track: Residency Programme Director

3 things about me:

1. Father of 3 young kids since residency years, therefore, I will be able to related the concerns of juniors planning to start a family during early career period.
2. Interest in medical education and community work - currently still actively involved in NUS Neighbourhood Health Service.
3. Interest in Heart Failure and Geriatric Cardiology.

Short bio about mentor

Dr Tan Chong Keat is a Consultant Cardiologist in Tan Tock Seng Hospital holding the appointment of Head of Heart Failure Service. He is actively involved in medical education and is the Programme Director for NHG Cardiology Senior Residency and Clinical Core Faculty Member and Programme Evaluation Committee Chairperson for NHG Internal Medicine Residency. He is currently pursuing a Masters in Health Profession Education in Maastricht University.

Adj Asst Prof Tham Shuen Loong



Institution: TTSH

Specialty: Rehabilitation Medicine

Career Track: Residency Programme Director

3 things about me:

1. Underwent 5 years training and working in Sydney Australia
2. Spent an extraordinary number of years as Program Director of Rehab Med Senior Residency and advocating for Rehab Med Education
3. Most of his free time is spent managing 3 school-going boys and a golden retriever

Short bio about mentor

Dr Tham Shuen-Loong is Senior Consultant at the Department of Rehabilitation Medicine, Tan Tong Seng Hospital (TTSH), Singapore. He completed his fellowship in Sydney (Australia) in 2013 and is a fellow of the Australasian Faculty of Rehabilitation Medicine. He currently holds the position of Program Director of Rehabilitation Medicine (National Healthcare Group Residency). And is a clinical teacher at Lee Kong Chian School of Medicine and Adjunct Clinical Educator at NUS Yong Loo Lin School of Medicine. His clinical interests include stroke rehabilitation, intensive care rehabilitation and transition care for persons with intellectual disability.

Adj Asst Prof Timothy Koh Jee Kam



Institution: TTSH

Specialty: Renal Medicine

Career Track: Residency Programme Director

3 things about me:

1. I like dogs
2. My journey to Nephrology was not straightforward
3. I am introverted by nature

Short bio about mentor

Senior Consultant with the Department of Renal Medicine. My interests are in Conservative Kidney Care and Haemodialysis. I am also an Adjunct Senior Lecturer with the LKC SOM, and Adjunct Asst Professor with YLL SOM.

Adj A/Prof Timothy Mark Sebastian Barkham



Institution: TTSH

Specialty: Laboratory Medicine

Career Track: Residency Programme Director

3 things about me:

1. I don't have a grand plan for life,
2. I believe people can work wonders if they are allowed to, unrestrained by bureaucracy and short sighted management.
3. Finally, the needs of the few outweigh the needs of the many. This means individuals need more help and priority than institutions; if we look after the individuals, they will take care of the institution.

Short bio about mentor

60 yr old Englishman, married with three children aged 22-26yrs. Born in Uganda, attended boarding schools in East Anglia from 8yrs to 18yrs, in the UK.

Medical school at St Thomas's in London. Specialised in Microbiology at St Thomas's, 1996. 2 yrs at The Hammersmith, London. Moved to TTSH, Singapore in 1999.

I was the first full time Microbiologist at TTSH. I introduced quality, set up and ran occupational health for lab staff, and gave staff the freedom to perform well, which they did.

I've been lucky to get many grants that have enabled me to explore, and translate research into clinical services otherwise not available commercially.

I have worked with people in many other institutions (GIS/NTU/SNEC/A*STAR ...) e.g. I'm Chairman of the NEA ethics committee, and have had a long relationship with NEA that stemmed from being helpful and interested. e.g. all the NEA dengue surveillance stems from work I did with them in 2003/4. I sit on the NEA Dengue expert advisory panel, advising NEA on deploying Wolbachia.

Microbiology was very clinical in the UK, so I miss that aspect here, where it is more of a background specialty. I have worked in the THVC clinic once a week for about 15 yrs. I enjoy the patient contact.

I enjoy teaching and am subcontracted 20% by NUS to teach medical students. I have recently been appointed as Programme director of the Microbiology Residency.

I set up Tornados Hockey Club with friends in 2003, and still play every weekend during the league.

I set up Tanglin Rugby Club with different friends in 2005, and coached children for 11 years, taking squads on tour around the region, and hosting tournaments with over 2000 attendees.

I took up golf after stopping rugby coaching; it has become my main hobby.

Dr Xu Huiying



Institution: TTSH

Specialty: Respiratory & Critical Care Med

Career Track: Residency Programme Director

3 things about me:

1. Outside of hospital, I am an avid food lover. I like trying out new and exotic food.
2. I enjoy spending time with my 2 kids.
3. I enjoy yoga and having quiet time with my book and a cup of coffee.

Short bio about mentor

Dr Xu Huiying is a senior consultant respiratory physician and intensivist in the Department of Respiratory and Critical Medicine, Tan Tock Seng Hospital, Singapore.

She received the Health Manpower Development Plan (HMDP) award for fellowship training in advanced Chronic Obstructive Pulmonary Disease (COPD) as well as adult critical care medicine in the Royal Brompton Hospital (London, UK) and Imperial College London. Apart from her clinical duties, she is active in both undergraduate and post graduate medical education, and is currently Clinical Assistant Professor in the Yong Loo Lin School of Medicine (National University of Singapore) as well as the Programme Director for the NHG Respiratory Medicine residency programme.

Outside of hospital, I am an avid food lover. I like trying out new and exotic food and I enjoy spending time with my 2 kids. I enjoy yoga and having quiet time with my book and a cup of coffee.

I prioritise patient- centred care and empathy and I believe it is important to approach each patient with kindness, compassion and a willingness to listen.

I am committed to providing mentorship and will be always happy to provide guidance, feedback and support to help you achieve your career goals.

Dr Yeo Chong Ming



Institution: TTSH

Specialty: Medical Oncology

Career Track: Residency Programme Director

3 things about me:

1. Dr Yeo is happy to provide life and career advancement advice to junior doctors.
2. Dr Yeo is willing to help nurture any potential interests in oncology-related pursuits.
3. Dr Yeo is blissfully married with school-going children.

Short bio about mentor

Dr Yeo Chong Ming is a senior consultant Medical Oncologist in the Department of Medical Oncology, Tan Tock Seng Hospital (TTSH). Dr Yeo's clinical and research interests are in gastrointestinal cancers.

Dr Yeo received his MBBS (Bachelor of Medicine, Bachelor of Surgery) from NUS in 2010. He trained in internal medicine with the NHG internal medicine residency program and was the first graduant of the NHG medical oncology senior residency program in 2016. He is involved in the education and development of young oncologists with his role as the programme director of the NHG medical oncology senior residency program since 2019.

He represents his department as a member of TTSH antibiotic stewardship program, TTSH medication assistance fund (MAF) panel. In addition, he is the site principal investigator (PI) and co-investigator (co-I) of oncology clinical trials and is involved in running the research clinic at PH. Feng Research Centre.

He is currently a Fellow of the Academy of Medicine, Singapore since 2020 and Member of the European Society of Medical Oncology.

Dr Yeo Pei Shan



Institution: TTSH
Specialty: General Medicine
Career Track: Residency Programme Director

Short bio about mentor

Dr Yeo Pei Shan is a Senior Consultant in the Department of Endocrinology at Tan Tock Seng Hospital. Dr Yeo also holds the position of Visiting Consultant in the Department of Maternal-Fetal Medicine at KKH, with a special interest taking care of women with metabolic health issues from the pre-conception to post-partum journey.

Dr Yeo completed undergraduate medical training at the National University of Singapore in 2011, obtained Membership at the Royal College of Physicians and Masters of Medicine (Internal Medicine) in 2014 and attained her specialist accreditation as an endocrinologist in 2017. She went on to pursue a fellowship in metabolic disorders in pregnancy in 2023 with King's College London (Denmark Hill).

Apart from clinical work, Dr Yeo has a special interest in patient empowerment and education and is a member of TTSH DM Steering Committee and is the TTSH lead for NHG Health DM Education Workgroup. Apart from patient education, Dr Yeo is vested in medical education. She holds the position of NHG Health Internal Medicine Programme Director since July 2024. Additionally, she serves as a regular examiner at local medical school examinations.

Dr Christopher Chia Tze Wei



Institution: TTSH

Specialty: Gastroenterology & Hepatology

3 things about me:

1. Simplicity in work processes
2. flexibility in work ethics
3. Creative thinking

Short bio about mentor

Dr Christopher Chia is a Senior Consultant and Head of Gastroenterology & Hepatology Department in Woodlands Health (WH). He completed his HMDP training in St Thomas' hospital, London (UK) in advance gastrointestinal (GI) therapeutics and GI motility and has been actively introducing some newer aspects of gastroenterology services to bridge gaps identified in patient care.

His area of interest includes endoscopic ultrasound (therapeutic and diagnostic EUS), endoscopic retrograde cholangiopancreatography (ERCP), endoscopic mucosal resection (EMR) and enteroscopy and other standard gastrointestinal (GI) diagnostics and therapeutics including polypectomy, GI stenting, haemostasis in GI bleeding.

Dr Chia also actively runs the GI motility services in the department offering high resolution manometry (upper and lower GI), pH and impedance studies and wireless pH capsule studies (Bravo capsule) in addition to general hepatology consults. He works closely with his peers in the department and also alongside the surgical teams, palliative care medicine, medical oncology and interventional radiology. He has been actively involved as the committee member of GESS (Gastroenterology Society of Singapore) in 2019-2021 and chaired/organized endoscopy workshop(s) for the national GIHEP conference in the past and been an invited speaker for overseas and local conferences in his area of expertise with relevant publications and scholarly activities. Awards won include Young Investigator Award Gold for SHBC (2017) and GIHEP best endoscopic videos (presented by trainees) 2022 and 2023. Dr Chia was also the NHG Program Director (PD) for Gastroenterology Residency Programme from 2018-2023 and has organized multiple Post Graduate Courses for the Gastro fraternity and Senior Residents alike. He was the Lee Kong Chian (LKC) School of Medicine GI education co-lead before his role as PD. Currently, Dr Chia serves as Adjunct Asst Professor in the LKC School of Medicine and is a Fellow of the Academy of Medicine Singapore (FAMS) and Fellow of Royal College Physicians UK (FRCPUK) and is also a Visiting Consultant (VC) to Tan Tock Seng Hospital (TTSH).

Dr Chia speaks English and Mandarin.

Clin A/Prof Chua Sze Hon



Institution: NSC

Specialty: Dermatology

Short bio about mentor

A/Prof Chua Sze Hon is Executive Director and Senior Consultant Dermatologist at the National Skin Centre (NSC), Singapore. He provides strategic leadership for the centre while remaining actively engaged in specialist clinical work and in the wider development of dermatology practice in Singapore.

His clinical practice is focused on procedural dermatology and dermatological surgery, and he contributes regularly to the Dermatology and Laser Surgery Unit. He manages patients requiring surgical and laser interventions, emphasising safe, effective treatment and consistently good clinical outcomes, with attention to cosmetic as well as functional results.

Alongside his clinical and executive responsibilities, A/Prof Chua is committed to raising professional standards and supporting workforce development. He works closely with multidisciplinary teams and partners across the sector to strengthen clinical practice, service delivery and innovation at NSC.

He is also active on academic and professional platforms regionally and internationally, sharing expertise and contributing to the advancement of the specialty. His contributions to education and leadership have been recognised with several honours, including the NHG Education Leaders Award (2018), NHG Outstanding Citizenship Award (2015), Best Clinical Teacher Award (2011) and the NUS Yong Loo Lin School of Medicine Dean's Award for Teaching Excellence (2010).

A/Prof Chua's work combines clinical excellence, thoughtful leadership and a sustained commitment to training and advancing dermatology.

Dr Daniel Seng Wei Ren



Institution: TTSH

Specialty: Orthopaedic Surgery

3 things about me:

1. At one point in my career, I really wanted to do psychiatry.
2. I like maps
3. I'm thankful to be able to learn from many mentors - local and overseas

Short bio about mentor

Dr Daniel Seng graduated from the University of Aberdeen (UK) with commendation in 2011. He completed his orthopaedic specialist training in Singapore in 2020 during which, was awarded both the outstanding junior and senior resident award in 2016/17 and 2017/18 respectively.

Dr Seng has a research interest in biomechanics and has completed and published several projects in collaboration with NTU School of Mechanical & Aerospace Engineering. He also serves as a clinical lecturer with NUS and a clinical teacher and content expert with LKC School of Medicine.

He has a clinical interest in fracture surgery, deformity correction and limb salvage.

Dr Dorai Raj D. Appadorai



Institution: TTSH
Specialty: General Medicine

3 things about me:

1. My daily caffeine boost? An unexplained fever and a good list of differentials!
2. I've been singing for as long as I can remember - so yes, I can juggle clinical notes and musical notes in perfect harmony!
3. A parent to 2 amazing kids - who says you cant learn from teenagers?!

Short bio about mentor

Dr Dorai Raj D Appadorai graduated from Manipal University, Malaysia with a gold medal in Ophthalmology. He completed his housemanship and further training as a medical officer at Queen Elizabeth Hospital, Sabah and Kuala Lumpur General Hospital, Malaysia. He relocated to Tan Tock Seng Hospital to commence his specialist training in Internal Medicine in 2012. He completed his training in Advanced Internal Medicine and is now a Senior Consultant in the Department of General Medicine at Tan Tock Seng Hospital.

Dr Dorai Raj has a special interest in health professions and medical education. He is currently pursuing his Masters in Health Professions Education with Massachusetts General Hospital, Boston. He is currently an Adjunct Senior Lecturer, Principal Lead and Assistant Dean at the Lee Kong Chian School of Medicine, Nanyang Technological University. In his role as a clinician and educator, he plays active roles in the training and supervision of medical undergraduates, postgraduates and residents.

Dr Dorai is also actively involved in staff wellbeing initiatives. He is a Welfare Officer at the Department of General Medicine. He is also a member of Tan Tock Seng Hospital's Office for the Protection of Employees (TTSHope).

Dr Dorai has won numerous awards for his contribution towards medical education, namely the NHG Teaching Award for Senior Doctors AY 2020/21, Dean's Award for Teaching Excellence 2021, TTSH Top 20 Teaching Award 2024, among others.

Dr Francis Albert Torres Lo



Institution: TTSH
Specialty: General Medicine

3 things about me:

1. A functional introvert, he may be quiet, but he is open to engaging in meaningful conversations.
2. Possesses a nuanced understanding of machine learning and AI in medicine, believing that these technologies should complement traditional bedside physical examination.
3. Strives to be a holistic and well-rounded compassionate doctor, seeking knowledge not only in medicine but also in the social sciences and humanities.

Short bio about mentor

Francis has been delivering registrar-grade patient care in Internal Medicine since 2012, following his completion of the Staff Registrar Scheme (SRS) training from the Academy of Medicine, Singapore. His work reflects the Ministry of Health's vision for a stable and skilled middle-grade doctor workforce in the restructured hospitals. Aside from pursuing postgraduate studies in geriatric medicine, endocrinology, and ethics, Francis has also received training in venous thrombosis and clinical education (including simulation-based healthcare education) to broaden his clinical interests. Beyond his clinical and teaching duties, he is also involved in junior medical manpower planning, patient safety initiatives, and Advance Care Planning (ACP) training. He has been a recipient of the hospital's Top Twenty Teachers Medical Teaching Award (for the Division of Medicine).

Embracing a humanist philosophy, Francis takes time to enjoy music through his vinyl record collection or attend live performances (spanning pop-rock to classical), challenge his linguistic aptitude (huddling Hokkien, Malay and English during ward rounds, currently trying his luck with Thai and Korean), and indulge in discovering hidden speakeasies and wineries. Realistic on effects of aging, he has been engaging in taekwondo classes, and striving for the heaviest one-rep max in deadlifts and barbell squats.

As potential mentor, Francis's mission for next generation of staff registrars is to encourage a balanced approach that prioritizes mental well-being while maintaining a strong commitment to patient safety. He aims to foster an environment where open expression is welcomed, yet grounded in traditional values of perseverance and mutual respect.

Dr Giles Tan Ming Yee



Institution: IMH
Specialty: Psychiatry

3 things about me:

1. I am a people oriented person
2. I am exploring mindfulness based practices
3. I love it when durian season comes along!

Short bio about mentor

Dr Giles Tan is a Psychiatrist and Senior Consultant with the Department of Developmental Psychiatry at the Institute of Mental Health. He provides leadership on clinical quality and patient safety as the hospital's Assistant Chairman Medical Board (Clinical Quality and Value) and is also chair of the IMH Clinical Ethics Committee.

He is President of the College of Psychiatrist at the Academy of Medicine Singapore, Associate Director of the Centre for Medical Ethics and Professionalism at the Singapore Medical Association and Council member of the Medicolegal Society of Singapore. He serves as a member of the MOH National Medical Ethics Committee and SMC Ethics Committee. He holds teaching appointments with the three local medical schools and volunteers on the boards of local charities supporting people with developmental disabilities.

Dr Hilda Hu Haoling



Institution: KTPH

Specialty: Anaesthesia

3 things about me:

1. I am the current ADIO of NHG Residency Program.
2. I have completed a Masters in Health Professions Education with Maastricht University.
3. My patience and skills as an educator as honed everyday by my 2 boisterous boys!

Short bio about mentor

Dr Hilda Hu is a Senior Consultant with the Department of Anaesthesia. She obtained her Bachelor of Medicine and Surgery from the University of Melbourne in 2007 and gained Fellowship with the Australian and New Zealand College of Anaesthetists in 2017 along with specialist accreditation from the Singapore Medical Council. She is the Associate Program Director of the NHG Anaesthesia residency program and site director for Khoo Teck Puat Hospital. In addition, she serves as the Anaesthesia lead for the Emergency Laparotomy Pathway. Her special interests lie in medical education and geriatric surgery.

Dr How Kwang Yeong



Institution: TTSH
Specialty: General Surgery

Short bio about mentor

Dr How is a senior consultant surgeon in the Colorectal Service of the General Surgery Department, Tan Tock Seng Hospital.

He graduated from Yong Loo Lin School of Medicine (National University of Singapore) in 2007 and obtained his postgraduate masters of medicine degree in 2013. He is a fellow of the Royal College of Surgeons of Edinburgh and a registered specialist since 2014.

Dr How specializes in minimally invasive techniques for the treatment of colon and rectal conditions. His interests include colorectal cancers and inflammatory bowel disease. In addition, he is also trained in surgery for advanced and recurrent pelvic cancers, having completed his overseas fellowship in Royal Prince Alfred Hospital in Sydney under Professor Michael Solomon.

Dr How is a strong advocate for Enhanced Recovery After Surgery (ERAS®), a program which focuses on evidenced based, multidisciplinary, perioperative protocols for faster recovery from major surgery. He played a pivotal role in establishing the ERAS® program in Tan Tock Seng Hospital, which has won several international awards, and is one of only 2 Centres of Excellence recognized in Asia by the international ERAS® Society. He now leads the implementation of evidence based perioperative care in TTSH as the clinical director of Perioperative Recovery Office.

Dr How is also the Director of the Endoscopy Unit in his hospital, one of the busiest endoscopy units in Singapore that provides a comprehensive suite of cutting edge endoscopy services. He is currently an executive member of ERAS® Society and past president of the Society of Parenteral and Enteral Nutrition (Singapore).

Besides clinical work, he is also involved in the training of medical students and surgical residents. He is senior clinical lecturer for both Yong Loo Lin School of Medicine (National University of Singapore) and Lee Kong Chian School of Medicine (Nanyang Technological University).

Dr Joanne Kua Ee Chia



Institution: TTSH

Specialty: Geriatric Medicine

Career Track: Residency Programme Director

3 things about me:

1. I enjoy good coffee.
2. I am a K-drama fan.
3. I appreciate music.

Short bio about mentor

The impact of living with my grandmother since young made me want to be a Geriatrician. After rotating through geriatric medicine, the wholistic care contextualised to each and individual patient compelled me to pursue this as a career and I have never regretted choosing to journey and look after the older adults. In addition to caring for older adults at work, I also have 2 primary school going children to look after so juggling between work and family is a skill I'm continuously mastering.

A/Prof Koh Kwong Fah



Institution: WH

Specialty: Anaesthesia

3 things about me:

“After being an anaesthetist for past 40 years, I still look forward to the work each day.

I enjoy coffee, long walks and helping people explore boundaries; but not necessarily in that order.”

Short bio about mentor

Dr Koh practises Anaesthesiology with special clinical interests in airway management and clinical improvement processes. In addition, he is an adjunct associate professor, clinical teacher, and content expert at NTU Lee Kong Chian School of Medicine

Dr Koh completed his MBBS in 1986 and his Master of Medicine in Anaesthesia from the National University of Singapore in 1991. He trained in Neuroanaesthesia at the National Hospital of Neurology and Neurosurgery, London and in Liver Transplant Anaesthesia at King’s College London.

Prizes that he has won include the Ministry of Health's Distinguished Senior Clinician Award in 2020.

Dr Koh speaks English.

Dr Kee Kok Wai



Institution: NHGP

Specialty: Family Medicine

3 things about me:

1. In his free time, he enjoys volunteering, cooking, gardening and spending time with family.
2. His favourite cartoon character is Doraemon.
3. He previously had a severe water phobia that caused him to hyperventilate during rain showers, but he overcame it through determination and swimming lessons.

Short bio about mentor

Dr. Kee Kok Wai is a consultant family physician and the deputy head of clinic at the National Healthcare Group Polyclinics (NHGP). He received his undergraduate medical degree from the University of Malaya, Malaysia, in 2010. He completed his family medicine residency training with NHG and obtained a Master of Medicine in both Family Medicine and Internal Medicine in 2014. He achieved a family medicine fellowship with the College of Family Medicine Singapore in 2018. Kok Wai also serves as the assistant director for the Family Medicine Development department at NHGP. He is actively involved in undergraduate, postgraduate, in-service, and faculty development teaching and has received numerous teaching awards.

He has a special interest in endocrine disorders in primary care, faculty development, and health professional education. He is passionate about mentoring juniors and peers. He was part of the inaugural batch of NHG resident mentors for the first intake of LKC Medicine students. He served as the Associate Program Director for the Family Medicine Residency Program from 2017 to 2024 and for the Singapore Chief Residency Program from 2021 to 2023.

He is a certified facilitator for the MBTI personality assessment and a trained facilitator for Action Learning.

Dr Kelvin Lor Kah Ho



Institution: KTPH
Specialty: Orthopaedic Surgery

Short bio about mentor

Dr Kelvin Lor is a Consultant in Spine Surgery at KTPH. He has a special interest in minimally-invasive spine surgery and spine surgery in geriatric patients. He currently serves as the Head of Service for Spine Surgery and is an Executive Committee Member of the NHG Spine Center. Dr Lor completed his HMDP Fellowship in complex spine surgery in Australia in 2021 and is an Asia Pacific Spine Society Fellowship awardee in South Korea in 2022.

Dr Koh Li Wearn



Institution: TTSH

Specialty: Rheumatology, Allergy & Immunology

3 things about me:

1. I believe that Healthcare has to start with Self-care for patients as well as doctors
2. Every moment is an opportunity for learning
3. Everyone is someone we can learn from

Short bio about mentor

Dr Koh Li Wearn graduated with Honours from the University of Cambridge Clinical School, United Kingdom. She was a pre registration house officer in Leeds, and completed her basic post graduate medical training in Sheffield, UK. She was then appointed locum service registrar in Rheumatology in Leicester, UK for 5 months, before commencing her Specialist Registrar training in Rheumatology in the West Midlands rotation in the UK. Upon completion of her specialist training, she was appointed Consultant Rheumatologist at the University Hospitals Birmingham NHS Foundation Trust and honorary consultant to both the Royal Orthopaedic Hospital, Birmingham and the Birmingham Women's Hospital. She relocated to Tan Tock Seng Hospital, Singapore at the end of 2011.

Dr Koh is passionate about teaching, with involvement ranging from public education, preuniversity and medical students to interspecialty medical, nursing and allied health trainees and colleagues. She was a clinical core faculty member of the NHG Rheumatology Residency Programme at its inception and since 2019, has been the Programme Director. She is also Clinical Senior Lecturer at the Yong Loo Lin School of Medicine, and Adjunct Assistant Professor at the Lee Kong Chian School of Medicine. She has been involved in training and supervision of advanced practice nurses and prescribing pharmacist in Rheumatology. She has also been the Co-chair of the NHG Residency Wellness Committee since 2019.

Dr Koh is the TTSH site Principal Investigator for the Singapore National Biologics Register –a collaborative effort between NHG, NUHS and Singhealth institutions. She is also a co-investigator in various other research initiatives within the department.

Dr Lim Chiow Teen



Institution: KTPH

Specialty: General Medicine

3 things about me:

1. I'm an IMG who understand both the strength and challenges of working in different healthcare systems and cultures.
2. I believe a strong work ethic and professionalism is essential to becoming a good clinician.
3. I believe in individual informed choices.

Short bio about mentor

I'm currently HOD Medicine in KTPH. I graduated and worked in the UK for many years before coming back to Singapore. I received good mentorship and training locally which allowed me to progress well professionally.

I was a Patient Safety Officer and Medication Safety Chair for 6 years prior and have been actively involved in Quality Improvement and Patient Safety work since my registrar training days.

Dr Lim Xin Rong



Institution: TTSH

Specialty: Rheumatology, Allergy & Immunology

3 things about me:

1. I completed two specialty training programs, which have deepened my expertise and helped me grow in both professional and personal development. I am drawn to my field as it offers the unique challenge in managing complex, multifaceted cases. I enjoy the process of solving intricate medical puzzles and opportunity to make a difference in patients health outcomes and quality of life.
2. My research interests include: Systemic lupus erythematosus, drug allergy and immunodeficiency. I hold several grants and have mentored students and residents on various research projects.
3. I have 2 young daughters and they take up most of my time outside of my professional life.

Short bio about mentor

Dr Lim is a Senior Consultant in the Department of Rheumatology, Allergy and Immunology (RAI) in Tan Tock Seng Hospital (TTSH) and deputy head of the Clinical Immunology Laboratory in TTSH. She graduated from the National University of Singapore in 2010 and subsequently obtained the Membership of the Royal College of Physician of Edinburgh, United Kingdom and her Master of Medicine degree from the National University of Singapore in 2013. She completed her specialist training in Rheumatology at TTSH in 2017 and fellowship training in Clinical Immunology/Allergy in 2022.

Dr Lim was awarded the Health Manpower Development Plan Fellowship for further training in Adult Immunodeficiency in 2023. She co-leads the adult immunodeficiency service in TTSH and leads the department's genetic testing and counselling service.

Her research interests include immunodeficiency, drug allergy and systemic lupus erythematosus (SLE). She was awarded the National Medical Research Council new investigator grant in 2023. She is also a co-investigator of the Asia Pacific Lupus Collaboration and Asia Pacific Systemic Sclerosis Incident Cohort.

In addition to clinical care and research, Dr Lim is actively involved in teaching students and residents. She is a clinical Senior Lecturer at the NUS Yong Loo Lin School of Medicine, Content Expert and Clinical Practice Facilitator at the Lee Kong Chian School of Medicine and Member of the Internal Medicine Core Faculty and Internal Medicine Programme Evaluation Committee in TTSH.

Dr Lim is a member of the Chapter of Rheumatologists, Academy of Medicine, Singapore, treasurer of the Allergy and Clinical Immunology Society Singapore, member of the Asia Pacific Immunodeficiency Association and steering committee member of the Junior Asia Pacific Association of Allergy, Asthma and Clinical Immunology Allergy Leadership Forum and Cafe (JAAFCA).

Dr Lin Zhimin



Institution: KTPH

Specialty: General Surgery

3 things about me:

1. Clinical interests: Endocrine surgery and related endocrinopathies, Hernia surgery
2. Paraclinical interests: Research & innovation in endocrine surgery and medtech, Sustainability in healthcare, Women in Medicine/Surgery, Rural health, Medical education for students and residents
3. Personal interests: Tennis & Hiking; Seeking balance amongst family, children, personal care and work.

Short bio about mentor

Dr Zhimin graduated from the National University of Singapore, Yong Loo Lin School of Medicine in 2015 with an MBBS degree. She then completed her Master of Medicine (Surgery) degree in 2018, with specialist accreditation in General Surgery in 2022 (FRCS Edinburgh).

Her subspecialty interests include Endocrine Surgery, Emergency Surgery, and Palliative Care in Surgery.

The current Endocrine Surgery service is managed in collaboration with KTPH Endocrine Medicine Service and Renal Medicine Service to provide better care for thyroid cancer, hyperparathyroidism, osteoporosis, adrenal tumours and hypertension. She also has an interest in research activities that will improve the quality of care and innovation in the healthcare setting, reducing carbon emissions in the healthcare setting, and improving the standard of care of endocrine pathology.

For Emergency Surgery, working closely with the Geriatric and Medical Services, great effort has been made to improve the outcomes of elderly patients requiring emergency surgery. Where patients are too frail and do not benefit from major surgical intervention, we have also developed a service to provide comfort care for surgical patients.

Beyond the work environment, Dr Zhimin is actively involved in global health and humanitarian projects (Project Battambang, Cambodia), as well as supporting other women to advance their careers in healthcare. In addition to clinical practice, Dr Zhimin has keen interests in undergraduate and postgraduate education, investing her time to develop the undergraduate surgical programmes with Yong Loo Lin School of Medicine.

Research Interest

Healthcare Sustainability, Healthcare Medtech Innovation, Endocrine Surgery research

Dr Muhammad Nursuhairi Bin Sumarni



Institution: TTSH

Specialty: Emergency Medicine

3 things about me:

1. Won't say no to a cup of teh tarik
2. Prefers acoustic covers of most songs
3. Big Harry Potter and Lord of the Rings fan

Short bio about mentor

I'm an Emergency Physician with an interest in Toxicology and completed a fellowship with the Princess Alexandra Hospital Toxicology Unit in 2024. Aside from that, I am also involved in medical education and current hold the position of Posting Lead for Emergency Medicine for NTU-LKC.

Adj Asst Prof Muhammad Farhan bin Mohd Fadil



Institution: TTSH

Specialty: Orthopaedic Surgery

3 things about me:

4. I went through several MO postings in different hospitals before finally deciding on orthopaedics.
5. My PSA says I spend too much time talking to my patients.
6. I love nasi padang.

Short bio about mentor

Dr Farhan is a senior consultant in the Dept of Orthopaedic Surgery. He obtained his basic medical degree from the National University of Singapore School of Medicine in 2004. After working in various specialities, he found his calling in the practise of orthopaedics.

Training in various orthopaedic departments in Singapore, he completed the rigorous course and was certified a Fellow of the Royal College of Surgeons (Edinburgh) in 2012. He was awarded an overseas scholarship under the Human Manpower Development Program by the Ministry of Health in 2013. This allowed him to further his dual interests in Foot and Ankle Surgery and Lower Limb Reconstruction in Liverpool, UK.

Foot and Ankle Surgery is a fascinating and fast evolving subspecialty in orthopaedics where problems can range from toenail issues to symptomatic deformities to complex fractures and sequelae of neurological problems. Dr Farhan constantly strives to improve and update himself on the latest concepts and techniques in treating them.

He is also a member of the international AO Trauma organization, reflective of his other interests in trauma, especially that of the lower limb. Another area he finds challenging are lower limb deformities secondary to trauma and neurological problems. Through his training at the Royal Liverpool University Hospital, he is well placed to treat them with several skill sets involving internal fixation as well as circular external fixators, applying the techniques of Ilizarov.

Besides his clinical duties, Dr Farhan is also active in education, receiving several awards for it. He is involved in the teaching of medical students from NUS and NTU medical schools, NHG orthopaedic residents and in advanced nursing courses. He is also invited overseas to teach and lectures on topics related to Foot and Ankle and Trauma.

He participates actively in research, mentoring and leading residents in their various biomechanical and clinical projects. For these efforts, he has several publications in peer reviewed journals and presentations at international conferences on their work. Amongst the awards he has received are the Minister for Health Award in 2006 for his Indonesia disaster relief efforts and Healthcare Humanity Award in 2010.

Dr Naville Chia Chi Hock



Institution: KTPH
Specialty: Anaesthesia

Short bio about mentor

After a long and rewarding career in healthcare, I have had the privilege of witnessing the profession through many seasons of change. Along the way, I have experienced both personal and professional highs and lows, each offering valuable lessons that have shaped my perspective.

Today, I find myself in a stronger and more grounded place, which has deepened my desire to engage with and support younger doctors. I am particularly passionate about sharing the insights that experience teaches us, lessons that often cannot be found in textbooks.

Beyond healthcare, I enjoy writing and journalling. I also appreciate fine dining, movies and music. I'm also into missions and social outreach. And I also value opportunities to share my Christian faith.

Asst Prof Ng Wee Khoon



Institution: TTSH

Specialty: Gastroenterology & Hepatology

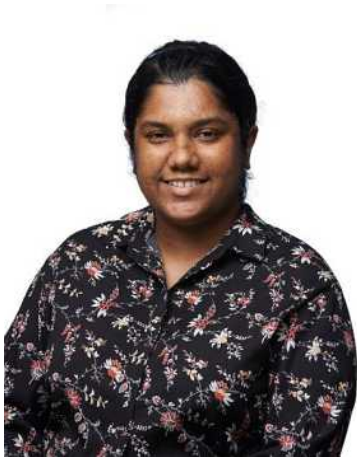
3 things about me:

1. I've worked in TTSH since PGY1.
2. I had my kids during my MRCP examination and my exit examination.
3. Both my wife and I are working full time.

Short bio about mentor

Wee Khoon works in TTSH Department of Gastroenterology and Hepatology. His areas of interests are in advanced endoscopy, artificial intelligence and medical education. He is the deputy director of Endoscopy Centre and Year 5 Assistant Dean for Lee Kong Chian School of Medicine. He is a son, husband, and father to 2 wonderful boys.

Dr Nimeshi Sanjila Peiris



Institution: KTPH

Specialty: General Medicine

3 things about me:

1. Consultant in General Medicine at KTPH, with an interest in Acute Medicine.
2. Completed HMDP training at Guys and St Thomas' Trust UK in Acute Medicine and Ambulatory Emergency Care.
3. Currently leading the Medical Short Stay Unit at KTPH.

Short bio about mentor

Consultant in General Medicine at KTPH, with an interest in Acute Medicine.

Completed HMDP training at Guys and St Thomas' Trust UK in Acute Medicine and Ambulatory Emergency Care.

Currently leading the Medical Short Stay Unit at KTPH.

Dr Ong Eng Hui



Institution: WH

Specialty: Geriatric Medicine

3 things about me:

1. I value kindness and lifelong learning
2. Outside work I recharge through nature, birdwatching and quiet spaces
3. I enjoy helping people develop whether through teaching, mentoring or journeying with them

Short bio about mentor

Dr Ong Eng Hui practises Geriatric Medicine with special clinical interests in falls prevention and peri-operative medicine.

She joined Woodlands Hospital in 2019.

Dr Ong speaks English and Mandarin.

Dr Pandit Nihar



Institution: TTSH
Specialty: General Medicine

3 things about me:

1. Holistic care
2. Passionate teacher
3. Avid reader

Short bio about mentor

In my practise as a General Medicine physician, I am passionate about providing holistic care for patients with complex undifferentiated problems and helping them navigate their healthcare path to enable them make informed decisions. Alongside clinical work, my strength lies in mentoring undergraduate, postgraduate and allied health professionals and teaching clinical medicine at the patient's bedside.

I would be happy to guide early career doctors who are keen to explore and find their footing as they navigate complex healthcare systems.

Apart from general medicine, my interests lie in vascular and perioperative medicine, health professions education and designing systems for seamless transitions of care.

Prof Pang Weng Sun



Institution: KTPH
Specialty: Geriatric Medicine

3 things about me:

- 1) Introvert
- 2) Workaholic
- 3) Likes nature

Short bio about mentor

Professor Pang Weng Sun is currently the Dean of Healthcare Leadership College (HLC), a division of Ministry of Health Holdings (MOHH). He is a Senior Advisor of the Geriatric Education and Research Institute (GERI) and Senior Consultant in the Department of Geriatric Medicine, Khoo Teck Puat Hospital and Yishun Community Hospital.

Professor Pang assumed the appointment of Vice-Dean (Clinical Affairs) at Lee Kong Chian School of Medicine, a joint partnership between Nanyang Technological University and Imperial College London from 2011 to 2024. He served as Deputy Group Chief Executive Officer (Population Health), National Healthcare Group from 2017 to 2021.

Professor Pang Weng Sun has contributed geriatric and palliative medicine expertise to various community services and worked with the Ministry of Health and other various voluntary agencies in eldercare and palliative care. He was a recipient of the Healthcare Humanity Award (2005), Public Administration Medal Silver (2012), National Outstanding Clinician Educator (2016) and National Healthcare Group Lifetime Achievement Award (2019).

Dr Patrick Lim Zhan Yun



Institution: KTPH
Specialty: Cardiology

Short bio about mentor

Dr Patrick Lim is a Senior Consultant Cardiologist at Khoo Teck Puat Hospital, specialising in interventional cardiology. A graduate of Barts and The London School of Medicine (2005), he completed his specialist cardiology training in North-East London, followed by an interventional fellowship at St Thomas' Hospital. He holds membership in the Royal Colleges of Physicians (UK) and is a Fellow of the Academy of Medicine, Singapore.

Dr Lim specialises in managing complex calcified coronary disease and advanced coronary imaging techniques. As Head of Department, he oversees services in complex coronary interventions, cardiac pacing, acute myocardial infarction care, and heart failure management.

A/Prof Phua Dong Haur



Institution: TTSH

Specialty: Emergency Medicine

3 things about me:

1. I enjoy Tang poetry and Chinese Calligraphy
2. The greater good of society is more important than the smaller self
3. "I know in my heart that man is good, that what is right will always eventually triumph, and there is purpose and worth to each and every life"

Short bio about mentor

Dr Phua Dong Haur graduated from School of Medicine, National University of Singapore in 1999. He qualified as a specialist in Emergency Medicine in 2006. He has a second Master degree in Medical Education specialising in Measurement and Assessment. He is currently working as a senior consultant emergency physician in Tan Tock Seng Hospital Emergency Department.

He is also trained in clinical toxicology at the Rocky Mountain Poison Center, Denver Colorado, USA and the National Poison Center, Veterans in General Hospital, Taipei, Taiwan. He currently provides clinical toxicology consultation service for his hospital emergency department and intensive care units.

He is actively involved in medical education as Assistant Dean of Assessment of the Lee Kong Chian School of Medicine, and Core Faculty member of the Emergency Medicine residency program of the National Healthcare Group. He has facilitated in many faculty development courses of NHG College and has been engaged as consultant in psychometric evaluation for various examinations.

His research interests include acute poisoning and management and clinical decision making.

Adj A/Prof Rabind Antony Charles



Institution: WH

Specialty: Emergency Medicine

3 things about me:

1. Strongly believe in developing clinical reasoning in learners
2. Creating a safe, feedback rich environment to encourage learning
3. Spend my free time listening to vinyl records which I find therapeutic for me

Short bio about mentor

Dr Charles practises Emergency Medicine with special clinical interests in emergency cardiac care, observation medicine and Undergraduate Education. He is an Adjunct Associate Professor with YLL and LKC School of Medicine and enjoys teaching medical students. He was also the Chief Examiner of the Emergency Medicine ABMS exams for Singapore. He was the recent Chief of Emergency Medicine at Woodlands Hospital Emergency Medicine.

He completed his specialist training in 2003 and did a 1-year fellowship in Emergency Cardiac Care and Observation Medicine at the Alfred Hospital (Melbourne, Australia) He has won teaching awards in undergraduate education.

Dr Charles speaks English and Malay.

Qualification:

Adjunct Associate Professor, NUS Yong Loo Lin School of Medicine (YLL)

Adjunct Associate Professor, NTU Lee Kong Chian School of Medicine (LKCMedicine)

Mmed EM exams com

Fellow of College of EM (UK)

Fellow of RCS (Ed)

Awards:

MOH Health Manpower Development Plan (HMDP) - ECC/Observation Medicine

Public Administration Medal (Bronze), 2025

Long Service Award, 2022

Adj Asst Prof Seow Cherng Jye



Institution: TTSH
Specialty: Endocrinology

3 things about me:

I have an interest in

1. Travelling
2. Good food
3. Good movies!

Short bio about mentor

Dr Seow Cherng Jye is a senior consultant endocrinologist from the department of Endocrinology, Tan Tock Seng Hospital. He was previously the program director of the Endocrinology Senior Residency program from 2018-2024 and is currently the principal lead for year 3 LKC Medicine. He has an interest in using technology to improve diabetes care and currently runs the Brittle Diabetes Clinic in Tan Tock Seng Hospital.

Adj A/Prof Shawn Vasoo



Institution: TTSH

Specialty: Infectious Diseases

3 things about me:

a. *What inspired you to do what you do and what was the most memorable experience you had in your job?*

I've been fascinated by microbes ever since med school. Tiny but can be so helpful, or harmful. Infectious diseases are something we can treat and cure often, or better still prevent. Microbes have shaped civilization for millennia! A volley of events from 2019 onwards after I assumed my current position – an ebola suspect scare, our first mpox case in 2019, and then COVID-19. You never know what to expect! Also working with a fantastic team of people to fulfil our mission. Learning new things all the time, and also being able to train and work with younger people to step up to fulfil the mission of our organisation.

b. *What is your favourite way to unwind after a long way of work?*

1) The Peranakan restaurant opposite Novena church (Assam Fish+ Chap Chye+ Ngoh Hiang is very good) 2) Staring at my fish tank 3) Taking walks with my wife 4) Spending time with Family

c. *If you were a McDonalds food item, what would you be and why?*

The bun (believe it or not). Soft and flexible, also doesn't seem to turn bad (according to urban legend?).

Short bio about mentor

Adj. Asst Prof Shawn Vasoo is Clinical Director at the National Centre for Infectious Diseases (NCID) in Singapore and Senior Consultant in the Department of Infectious Diseases at Tan Tock Seng Hospital. He graduated from the National University of Singapore in 2001, and completed an Internal Medicine and Infectious Diseases Fellowship at Rush University Medical Center in Chicago, followed by subsequent fellowships in Clinical Microbiology and Orthopedic Infectious Diseases at the Mayo Clinic in Rochester, Minnesota.

Returning to Singapore in 2014, Adj. Asst. Prof Vasoo leads the Infectious Diseases Research Laboratory at NCID, besides caring for in and out-patients on the Infectious Diseases Service, and also is an educator with the Lee Kong Chian School of Medicine, Nanyang Technological University, and the Yong Loo Lin School of Medicine at the National University of Singapore.

He serves on several editorial boards including the Singapore Medical Journal, BMC Infectious Diseases, the Journal of Bone and Joint Infection and the Journal of Clinical Microbiology. He has an interest in rapid diagnostics, Gram negative resistance, bone and joint infections and outbreak preparedness.

Dr Shereen Ng Jia Huey



Institution: KTPH

Specialty: General Medicine

3 things about me:

1. I started residency training as a PGY1. I haven't forgotten what it is like to be uncertain and overwhelmed as a trainee.
2. I believe the best educators are those in the trenches of clinical care.
3. Enjoys playing tennis.

Short bio about mentor

Dr Shereen Ng has a strong interest in medical education and acute medicine. She is the Lead for National University of Singapore General Medicine at Khoo Teck Puat Hospital (KTPH) for students in their clinical years. She has completed a fellowship in ambulatory medicine in the UK in 2024, awarded under the Ministry of Health Health Manpower Development Plan.

A/Prof Sim Kang



Institution: IMH
Specialty: Psychiatry

3 things about me:

1. I like travelling
2. I like taking walks in the parks with my wife
3. I like having a bowl of nice chendol

Short bio about mentor

Adjunct Professor Sim Kang is currently a senior consultant and Assistant Chairman Medical Board (Education) at the Institute of Mental Health. He is an affiliated faculty with the Yong Loo Lin School of Medicine, NUS and Lee Kong Chian School of Medicine, NTU. He is married with 2 children.

Dr Sunder S/O Balasubramaniam



Institution: TTSH

Specialty: General Surgery

3 things about me:

1. Both my kids were born in my residency years - it was very tiring then but very worth it now.
2. I enjoy running and hope to participate in the marathon again someday. It also helps clear my mind and de stress from work.
3. I will get restless and grumpy if I go too long without operating, like many of my colleagues. But I will also complain if there are too many surgeries without a chance to rest.

Short bio about mentor

Dr Sunder Balasubramaniam graduated from the Yong Loo Lin School of Medicine (National University of Singapore) in 2009, and completed his Residency in General Surgery (National Healthcare Group) in 2018.

He is a Trauma and Acute Care Surgeon with an interest in Endocrine Surgery. He was awarded the Health Manpower Development Program (HMDP) scholarship by the Ministry of Health in 2019 to further his training in trauma and acute care surgery; and spent a year in Auckland under the supervision of Professor Ian Civil and Dr Li Hsee.

He has played an important role in improving the management of patients with rib fractures in Tan Tock Seng, including surgical fixation of rib fractures in patients. Dr Sunder is a Visiting Consultant at Sengkang General Hospital and Woodlands Health Campus for complex trauma patients.

Apart from surgery, he has a keen interest in medical education and surgical training. He is a regular faculty at the Definitive Surgical Trauma Care Course conducted once a year, and regularly reviews the trauma courses in the TTSH Trauma Training Centre. This is to ensure that the courses delivered remain current and relevant in both content and methods of teaching/training.

Dr Tan Yan Ru



Institution: TTSH
Specialty: General Medicine

3 things about me:

1. Dr Tan Yan Ru is a Consultant in the Department of General Medicine and a faculty member of the Advanced Internal Medicine Senior Residency Programme.
2. She graduated from The University of Hong Kong and NHG Internal Medicine Residency Programme.
3. Beyond the realm of medicine, she is a passionate music enthusiast and a mother of 2 children.

Short bio about mentor

Dr Tan Yan Ru is a Consultant in the Department of General Medicine. She is a senior clinical lecturer for the Yong Loo Lin School of Medicine (NUS) and Lee Kong Chian School of Medicine (NTU). She serves as a Core Faculty Member for Advanced Internal Medicine Residency Programme. Her clinical and academic interests include complex internal medicine, multidisciplinary care and medical education.

Dr Teong Kui Ting



Institution: KTPH
Specialty: General Medicine

3 things about me:

1. I enjoy discovering good coffee and cozy cafes.
2. I love yoga
3. I believe in humanity and everyone has something we can learn from.

Short bio about mentor

Dr Teong is a Consultant in Internal Medicine at Khoo Teck Puat Hospital (KTPH). She has completed advanced specialist training in Internal Medicine under the Joint Commission on Specialist Training of Singapore following her qualification of Membership of the Royal College of Physicians (MRCP).

In addition to her clinical duties, she is a dedicated educator for both the Yong Loo Lin School of Medicine and Lee Kong Chian School of Medicine. She now serves as Clinical Lead for General Medicine at the Lee Kong Chian School of Medicine, driven by her passion for medical education and commitment to fostering the development of future healthcare professionals.

Adj A/Prof Terence Huey Cheong Wei



Institution: TTSH

Specialty: General Surgery

3 things about me:

1. I have 2 kids.
2. I'm also looking for the elusive work-life balance.
3. Running with friends is better than running alone.

Short bio about mentor

I am a General Surgeon with a subspecialty interest in Hepatopancreatobiliary conditions. As part of my interest in teaching and education, I also completed a Master of Science in Health Professions Education, kindly sponsored by NHG. I enjoy working in a team, where I can learn from others, and also hopefully to guide others along their professional journey. I believe surgery is a team sport, and that being able to help our patients get better is a great privilege of our profession.

Adj A/Prof Timothy Teo Wei Wen

Institution: KTPH
Specialty: Orthopaedic Surgery



Short bio about mentor

Adj Assoc Prof Timothy Teo is a fellowship trained surgeon specializing in shoulder and elbow surgery as well as arthroscopic and sports surgery of the hip and knee. He has been serving as the Head of Department, Orthopaedic Surgery at KTPH since 2020. He has a special interest in sports and arthroscopic surgery, specializing in joint preservation procedures of the hip, knee, shoulder and elbow, which include ligament, meniscus, cartilage surgery, osteotomy, rotator cuff and instability surgery. He is also proficient in shoulder and elbow trauma surgery and arthroplasty.

His research work is well-published in numerous international peer reviewed journals, and he serves as an invited faculty at multiple local and international conferences and courses. He has shared his expertise on the global stage serving as the official tournament doctor for prestigious international tournaments like WTA (Women's Tennis Association) Finals 2 years in a row.

He serves on the Orthopaedic Residency Advisory Committee of Singapore, and is a proctor on the FRCS exam committee, serving as an examiner for both undergraduate and postgraduate examinations. He is also a core faculty member of both the NHG Orthopaedic and PGY1 Residency. He served as Associate Program Director on the National PGY1 Program. A passionate teacher, he commits time at both NUS and NTU School of Medicine. His contributions earned him multiple teaching awards by NUS, NHG and KTPH, including the NUS Dean's award for teaching excellence. He recently received the National Awards Commendation Medal for his contributions to the COVID-19 fight in 2023.

Dr Valliammai D/O Nallakaruppan

Institution: KTPH

Specialty: General Medicine



3 things about me:

1. I am from YLL NUS Medical School, part of the first batch of Residents to take up training (before that training was by the BST/AST system).
2. I believe that working hard at work while protecting time for rest, relationships, personal wellbeing is key in sustaining a meaningful career.
3. On an informal note, I'm a dog person, I have a 12 year old Singapore Special, adopted 8 years ago.

Short bio about mentor

As an Internal Medicine Specialist, Dr Nallakaruppan focuses on diagnosing and managing complex medical conditions that require in-depth diagnostic evaluation. Her expertise spans a wide range of adult health issues, including chronic diseases and multi-system disorders. In addition to providing inpatient hospital care, she also offers outpatient care to ensure continuity of care for patients admitted to the hospital.

Her role is to deliver comprehensive, evidence-based treatment plans that address each patient's unique medical needs.

Dr Venkatesan Kumaresh



Institution: KTPH

Specialty: Anaesthesia

3 things about me:

1. Clinical (critical) educator
2. POCUS enthusiast
3. Outside work – pedalling is my passion

Short bio about mentor

Dr Venkatesan Kumaresh is a Senior Consultant with more than 20 years of clinical experience in Anaesthesia and Intensive Care Medicine. After obtaining his basic medical degree and postgraduate qualification in Anaesthesia from India, he pursued and completed higher specialist training in Anaesthesia and Intensive Care from the West Midlands Training Programme in the UK.

Prior to his move to KTPH, he worked as a Consultant in Anaesthesia and Intensive Care at regional and tertiary hospitals in UK for six years. Since joining KTPH, he has been actively involved in undergraduate and residency training and education, clinical quality improvement and research activities, and various leadership roles including Director of SICU, Chairman of ICU Committee and Deputy Clinical Head of Anaesthesia Department.

Dr Vera Lim Qinyi



Institution: TTSH
Specialty: Anaesthesiology

3 things about me:

4. Took a slightly unconventional route via graduate medicine and serendipitously fell into a specialty that turned out to be the one for me
5. I faked it till I made it while learning lots and failing along the way
6. Curiosity, empathy and diligence are qualities that are important to me

Short bio about mentor

Am currently an Anaesthetist, with a special interest in regional Anaesthesia and have been thankful for opportunities in education, research and Enhanced Recovery After Surgery (ERAS) quality improvement programme implementation. Passionate about improving perioperative care through multidisciplinary collaboration but recognise the multitude of challenges this can entail.

Adj A/Prof Vishalkumar G Shelat



Institution: TTSH

Specialty: General Surgery

3 things about me:

1. Available for active listening
2. Balanced guidance
3. Commitment for clarity of views

Short bio about mentor

Dr Vishal is a general surgeon with interest in hepatobiliary and pancreatic surgery. He is involved in undergraduate and postgraduate teaching and training; and received hospital, cluster and medical school level various teaching awards. He serves as Clinical Educator Lead (Medical) serves and Director of Surgical Science Training Centre at Tan Tock Seng Hospital.

Dr Vishal has published >250 papers and >10 book chapters. Dr Vishal is involved in various surgical quality and patient safety initiatives. He has interest in healthcare ethics and is an active member of various ethics committees.

Dr Vishal is involved in various surgical quality and patient safety initiatives. He has conducted local primary care and public seminars/forums to raise cancer awareness and drive patient-centric value driven safe surgical care. Dr Vishal has keen interest in healthcare ethics and is an active member of institutional clinical research and ethics committees. He is registered as a medical expert witness and renders medico-legal assistance upon request.

Dr Wong Chen Seong



Institution: TTSH
Specialty: Infectious Diseases

Short bio about mentor

Adjunct Assistant Professor Wong Chen Seong is a Senior Consultant Infectious Diseases Physician at the National Centre for Infectious Diseases (NCID) and Tan Tock Seng Hospital. He received his medical training at the Yong Loo Lin School of Medicine, National University of Singapore and gained Membership to the Royal College of Physicians of the United Kingdom in 2010. He is a Fellow of the Academy of Medicine of Singapore (Chapter of Infectious Diseases Physicians).

Adj Asst Prof Wong is Director of the National HIV Programme, and Director of the NCID HIV Clinical Programme. He is actively involved in HIV clinical care and research, with interests in the socio-behavioural determinants of HIV/STI, HIV/STI prevention, HIV Pre-Exposure Prophylaxis (PrEP), innovations in HIV service delivery such as telemedicine, as well as HIV and ageing and co-morbidity.

Adj Asst Prof Wong is also actively involved in both undergraduate and post-graduate medical education and training, and is a Clinical Lecturer at Yong Loo Lin School of Medicine and Lee Kong Chian School of Medicine, as well as an Associate Programme Director of the National Healthcare Group Internal Medicine Residency Programme.

Dr Yew Min Sen



Institution: TTSH
Specialty: Cardiology

3 things about me:

4. I believe that junior doctors should get involved in research during their early career rather than later. My own research journey was very much inspired by others who were very much junior to me.
5. My teaching philosophy is to keep things simple as much as possible
6. I enjoy reading and swimming in my free time.

Short bio about mentor

Dr Yew is a senior consultant in the Department of Cardiology. His main clinical interest is in multimodality cardiac imaging and is currently the head of the Nuclear Cardiology and Cardiac CT service. He is passionate about clinical education and is currently the Programme Director for NHG Cardiology residency.